Hello All,

Resilience and reinvention have long been buzzwords describing qualities essential to successful aging and retirement. These words accurately describe the energy and attitude of so many of our members during the pandemic. Our hearts go out to all who have suffered, whether it be because of the loss of loved ones or the decline in economic, physical or emotional well-being.

Fortunately, many of us had the good fortune to be able to join together during this crisis. We reimagined ways to stay connected and engaged. The Zoom Training Team, Patty Schlegel, Cathy Diamond and I, immediately went to work training all who were interested in the nuts and bolts of Zoom. Thank you to all who assisted and to all who participated. It made these many months more tolerable.

During the last three terms on Zoom we had approximately 1500 course registrations and hundreds participating in free intersession programs. We miss those who did not participate and look forward to seeing everyone when we get the green light from NCC to again conduct in-person classes. We will let you know the plans as soon as we are informed.

“Zooming” has been a great success and many members would like LLI to hold some courses on Zoom and some in-person. The Curriculum Committee is considering doing both.

We are enjoying our fun LLI intersession activities and look forward to our 5-week Summer Session on Zoom, which begins on July 12. There are eight offerings of paid classes, with something for everyone.

Many of us are beginning to feel more comfortable as we return to outdoor activities and public venues. Enjoy your summer, the fresh outdoor air and reconnecting with loved ones. Hope to see you on Zoom and, in the hopefully not too distant future, in a NCC classroom!

Virtual Hugs, until we meet in person,

Sandi Sacks,
Curriculum Committee

All courses subject to change or cancellation
European Art Movements and Innovators 1905-1915

Europe was in tumult. Old ways, traditions and points of view were being challenged on every front. Germany had German Expressionism Die Brucke and Blau Rider--two entirely different points of view, but both challenging the past. France exploded with color with Fauvism, later followed by the breaking apart of subject matter creating Cubism. Futurism took hold in Italy dramatizing speed all around. Russia birthed Suprematism or supremacy of pure feeling being expressed. See how the ten years of art and artists who were major influences still have an impact today.

Week 1: Germany - Kirschner and Marc
Week 2: France - Matisse and Picasso
Week 3: Italy - Boccioni and Balla
Week 4: Russia - Malevich and Popova
Week 5: Wrap up

Darby Cartun earned a BS from Syracuse University and an MAT from Sacred Heart University. She is a passionate lover of the arts with a desire to share ideas and theories. Her radio talk broadcast is heard on 1490 WGCH every weekday, 12:30pm-1:00pm. (www.wgch.com).

“Darby is knowledgeable and an excellent teacher.” “Fantastic class!”.
**Drawing Flowers and Fruit**  
**Enrollment Limited to 18 Participants.**

We look at a different flower (or fruit) each week. After a brief botanical background, we discuss approaches to the rendering in pencil. The instructor’s hand can be watched as he demonstrates his technique while students draw from a supplied photograph. Students are responsible for emailing to the instructor each week an image of their work for a critique during the subsequent class. The flowers and fruits discussed are different from those in previous courses.

Bring to class: sketchbook (smooth), a range of pencils 2H-2B, kneaded eraser, pencil sharpener.

**Dick Rauh** is a botanical artist and teacher. He is represented in the major public collections of botanical art and many private ones, and has shown widely in this country, even though his interest in the arts started with his retirement.

“Dick is excellent. I learned that I have talent – what a delightful surprise. He is enthusiastic and kind.”

**TUESDAY CLASSES**

**July 13, July 20, July 27, August 3 and August 10**

**Iconic Songs and Their Stories**  
**10:30am - 12:00pm**

Join us as we take a deep and refreshing dive into selected treasures, mostly from the *American Songbook*. Learn about the history, DNA and influence of such songs as *Blue Skies, All the Things You Are, I Got Rhythm, Rockin’ Chair, Blues in the Night, Jeepers Creepers, Star Dust, Take the A Train, I Get a Kick Out of You*. We explore the artists who created these memorable musical gems.

**Week 1: Irving Berlin and Jerome Kern - Blue Skies and All the Things You Are**  
**Week 2: George Gershwin - I Got Rhythm**  
**Week 3: Hoagy Carmichael’s and Johnny Mercer’s worlds**  
**Week 4: Duke Ellington and Billy Strayhorn - Take the A Train**  
**Week 5: Cole Porter - I Get a Kick Out of You**

**Dr. Joshua Berrett** earned a BA from the University of Cape Town in South Africa, an MA from Columbia University and a PhD from the University of Michigan and has studied at the Manhattan...
School of Music, Juilliard and the Tanglewood Music Center. He is a Professor Emeritus at Mercy College, a freelance violinist and the author of many publications on music. He has made presentations abroad in such countries as Italy, Israel and South Africa. With his wife, Lynne, he is co-founder of the non-profit Ageless Mind Project, Inc.

“Joshua displayed a commitment to teaching and mastery of the subject matter. Clever presentation and careful preparation.”

Seated Gentle Stretch & Strengthening

3:00 pm – 4:00 pm

1 Hour Class

Join us for a stretch and strengthening low-impact workout to engage the muscles, joints, ligaments and connective tissue from head to toe. Your body/body parts contract, extend, rotate and move fluidly while improving blood circulation, body mobility and joint decompression during 45 – 50 minutes of non-stop enjoyable movement to music. Each session includes some progressive relaxation exercises. Please dress in comfortable clothes. Shoes and socks are optional. An armless chair allows unrestricted movement.

Please note: This is a one-hour class. While it is a low-impact workout, as with all exercise programs, please use caution based upon your own individual circumstances.

June Bird earned a master’s degree in dance and has been teaching it for more than 30 years. Her background is in ballet, tap, jazz and modern dance. She has taught dance movement in dance studios, after-school programs, adult education, community colleges, nursery schools, public schools and assisted living communities.

“Enjoyed the Instructor’s use of imagery, clear explanations, appropriate number of repetitions. June is friendly, encouraging, pleasant and supportive.”
WEDNESDAY CLASSES

July 14, July 21, July 28, August 4 and August 11

Brain Fitness

Ever have a word on the tip of your tongue, but you can’t remember it? Or forget why you walked into a room or where you placed your keys? Want to stimulate your brain power? This course can help. Memory, problem solving, attention and language skills are some of the cognitive functions that can decline with age. Brain Fitness works to engage the brain in innovative ways in a variety of cognitive areas and can help increase mental acuity. We discuss how your brain works as well as tips to improve your skills. Word play, puzzles, memory games and problem-solving activities are employed to enhance your brain power. You are never too old or too young to stimulate your brain. This course has all new material.

Week 1: Memory - verbal and visual
Week 2: Visual Spatial
Week 3: Language
Week 4: Problem solving
Week 5: Perception

Dr. Toby Lazarus graduated Phi Beta Kappa from Johns Hopkins University. She went on to earn her Ph.D. from The University of Chicago where she specialized in neuropsychology. Currently, she is the Director of the Brain Fitness Program at Schoke Jewish Family Services in Stamford, CT.

“This is a great, fun, interactive class. Toby’s knowledge and activities made it so. Time flew by.”

Jerome Kern and His Music Collaborators

Jerome Kern composed more than 700 songs, which were used in over 100 stage works. Many of these have become real classics: *Old Man River*, *Smoke Gets in Your Eyes*, *The Way You Look Tonight*, *All the Things You Are*, *A Fine Romance*, *Long Ago and Far Away*, *Can’t Help Lovin’ dat Man*, *The Last Time I Saw Paris*, *Yesterdays*, *The Song Is You*, *I’m Old Fashioned* and many more. He collaborated with many librettists and lyricists of his era: Guy Bolton, Dorothy Fields, E.Y. “Yip” Harburg, Ira Gershwin, P. G. Wodehouse, Otto Harbach, Johnny Mercer and Oscar Hammerstein II, with whom he wrote more than 25 songs. This native New Yorker created
dozens of Broadway musicals and Hollywood films in a career lasting over 4 decades. Kern won 2 Academy Awards: The Way You Look Tonight (1936) and The Last Time I Saw Paris (1941). Showboat remains his most famous and enduring show. His songs are still performed and enjoyed worldwide and have established Kern as a beloved American genius.

Dr. Joe Utterback earned his Master’s Degree in Piano Performance from Wichita State University and his Doctor of Musical Arts from the University of Kansas. He has more than 500 published jazz and classical compositions in his Composer Catalogue. Dr. Joe has been the Director of Music/Organist at Stratford First Congregational Church since 1996. He has been on the faculty of Sacred Heart University for 28 years and has taught at LLI for 15 years. He continues to perform throughout the U.S. and around the world.

“Dr. Joe is not only knowledgeable, but talented and entertaining.” “This was one of the most entertaining and informative classes I have ever taken.”

THURSDAY CLASSES

Pandemics Then and Now: Lessons from the Black Death 10:30am – 12:00pm

July 15, July 22, July 29, August 5 and August 12

From 1347-1351, Europe experienced a catastrophic pandemic known as the Black Death. Many historians believe that this pandemic accelerated the transformation of medieval Europe from a feudal society and economy to a pre-modern one. The period of the Black Death and its aftermath are now being revisited in academia and the popular press for insights into how COVID-19 might change our society and economy. How did the Black Death affect urbanization, economic development, social structure, education and the distribution of wealth? This course examines these questions to see what we can learn from the experience of the 14th century as our world emerges from the COVID-19 pandemic.

Week 1: What caused the Black Death? Why was it so devastating?
Week 2: Scapegoats, loss of faith in institutions, fatalism.
Week 3: Social mobility and beginnings of a middle class, migration to towns and cities and their revitalization.
Week 4: Economic effects: narrowing of wealth gap, decline in land values, technology replaces labor.
Week 5: Longer-term effects: urban growth, Europe’s economic center shifts north, cultural changes.

Ted Wolff has over 30 years experience on Wall Street as an equity fund manager. Before that he was a PhD candidate in medieval economic history. This course combines his two interests. He has taught classes at LLI on investing, behavioral finance, financial bubbles and financial issues in retirement.

“Ted is very knowledgeable about the subject matter. He’s very pleasant, very well-prepared and very open to questions and comments”.

Trial of the Century: Nuremberg 3:00 pm– 4:30 pm

July 15, July 22, July 29 and August 5
4-week course. NO CLASS ON AUGUST 12

We highlight this epic effort in international jurisprudence at the conclusion of World War II. The objective was to bring war criminals to justice for waging such affronts to humanity as aggressive war, deportation of entire populations, forced labor and extermination. These are just some of the crimes for which the International Military Tribunal attempted to bring to justice those who led an entire world into war and set a pattern for the future generations to maintain a stable and peaceful world.

Week 1: Ideology of Death:
The 19th century into the 20th was rife with virulent nationalism and doctrines espousing the superiority of a race. We explore some philosophers who propagated these doctrines as well as actions that resulted in wholesale subjugation of entire populations. We discuss America’s pursuance of sterilization, which would be followed by the Germans.

Week 2: Trial of the Century:
The instructor gives an overview of the trials, including how they were organized and conducted. We discuss leading personalities, such as Justice Robert Jackson and Herman Goering, and which court proceedings were conducted at Nuremberg or elsewhere in Europe.

Week 3: Killers in the White Coats:
We review the Nazi use of the German medical community to conduct medical experiments. Those considered mentally incompetent, incurably physically handicapped, as well as others
considered “useless eaters,” such as those afflicted with “inferior genes,” would be victims of Racial Hygiene in the Nazi State. The trials of the “Nazi Doctors” were one of the categories of proceedings conducted at Nuremberg.

**Week 4: The Einsatzgruppen:**
Another set of trials was convened to bring to justice the members of the Einsatzgruppen or Action Squads. These squads were organized first for Austria and Czechoslovakia, used during Hitler’s invasion of Poland and came to full-fledged fruition with the invasion of the Soviet Union. These murder squads followed the German Army during advances, murdering those considered lesser breeds or politically undesirable.

**Mark Albertson** is the historical research editor at *Army Aviation* magazine and is the historian for the Army Aviation Association of America. He is the author of six books, among which is *On History: A Treatise*.

“I liked the depth of information and clarity delivered by Mark.” “Mark had a wealth of knowledge and an ability to answer questions and tie the responses to the subject matter.”

* * *

**NOTE:** There are no Friday Lunch & Learns during the summer term. *Our Friday Lunch & Learn will resume on September 10th with our Open House.*
Lifetime Learners Clubs 2021

Free.
For Members Only.
No Registration Required!

Monthly meeting details and Zoom links will be sent to all members via the Weekly Update email.

NEW
Play Reading Club
Thursdays, June 24, July 22, August 26 and September 23 at 7:00pm

Join us, script in hand, to read one-act plays on Zoom. We are looking for theater lovers who are willing to actively engage in this entertaining activity. You can be an actor, narrator, director or member of the audience. The only experience you need is the ability to read or listen. We’re in it for FUN – no pressure, no memorization and no greasepaint.

Attend our organizational meeting on Thursday, June 24th at 7:00pm when we will announce our first play and explain the casting and other details. Play readings will ensue monthly on the fourth Thursday of the month, July through September, at 7:00pm via Zoom. Be someone else for a while and help us make theater magic!

Dianne Perfit – After a career writing computer software documentation and training materials, Dianne created an online consignment business selling various items on eBay. To publish her father's journal chronicling his tenure as a medical officer on Alcatraz Island, she started a publishing company. A few years ago, Dianne initiated the Turning Pages Book Club to share her love of literature with friends. During Covid, she introduced play readings to the book club, which turned out to be a lot of fun. When Fay was seeking new ideas for LLI, Dianne suggested play readings.

All courses subject to change or cancellation
Fay Ruotolo – Lover of theater, especially small local groups, Fay has been a long-time subscriber to Long Wharf, Westport Country Playhouse and Play With Your Food. A former school district administrator, teacher union president and English teacher, Fay has been involved with student performances and a bit of scriptwriting. Inspired by Dianne and observing the fabulous work of theater groups who have moved to online performances, she can’t wait to see which creative LLI members are willing to take a script in hand.

Thursday, August 12 and September 9 at 7:30pm

The LLI Film Club generally meets on the 2nd Thursday of the month from 7:30pm to 8:45pm on Zoom.

Films are watched in advance by members in the comfort of their homes, with a follow-up meeting to discuss themes, character analysis, cinematography, screenplay, cast, director, music, your reviews and so much more. A volunteer film club member does research on some of these topics and shares this with the group. There are no size limits to the club, so we also make use of smaller "breakout" rooms to facilitate easier interactive discussion.

The movies are watched in advance on a streaming service such as Amazon, Netflix, YouTube or through your local libraries that provide online free access or a CD lending library. There may be some movie rental costs. Movies and Zoom links are announced in Weekly Update emails sent from LLI. Stay tuned!!!
Summer 2021 Course Schedule

All Courses Require Registration

MONDAY CLASSES

European Art Movements and Innovators 1905-1915
10:30am - 12:00pm

Drawing Flowers and Fruit Enrollment Limited to 18 Participants.
2:30 pm – 4:30 pm
2-Hour Class

TUESDAY CLASSES

Iconic Songs and Their Stories
10:30am - 12:00pm

Seated Gentle Stretch & Strengthening
3:00 pm – 4:00 pm
1-Hour Class

WEDNESDAY CLASSES

Brain Fitness
10:30am - 12:00pm

Jerome Kern and His Music Collaborators
3:00 pm – 4:30 pm

THURSDAY CLASSES

Pandemics Then and Now: Lessons from the Black Death
10:30am - 12:00pm

Trial of the Century: Nuremberg 4-week course. NO CLASS, AUGUST 12
3:00pm – 4:30pm

All courses subject to change or cancellation
Course Registration and Zoom Information

To register for an online LLI course:

- Go to www.lifetimelearners.org
- On the left-hand margin on our website click on “Click here for Membership & Registration”
- Use the online registration form to (i) select your courses or (ii) renew your membership if necessary or (iii) both select your courses and renew your membership. Dues are $50 per membership year and the fee for each course is $30.
- You may also give the gift of an LLI membership and courses to friends and family, 50 years and older, by clicking on the “Yes” under Gift Membership.

You will receive a hardcopy, mailed confirmation from LLI and an email with the Zoom course link prior to the start date of each class. You will want to FLAG or carefully save the email with the link. The link will look like https://zoom.us/k/9090909090.

Click on the Zoom link ten minutes prior to your class start time.

For each course you subscribe to you will receive a different link. You will use the same link for all weeks of the course.

Conduct – Lifetime Learners prides itself on the excellence of its instructors who come from many diverse backgrounds and bring to the classroom a broad
spectrum of views to explore. Members may not agree with some of the views expressed, and discussion of our differences is both healthy and encouraged. Nonetheless, we must disagree agreeably. Inappropriate language, raised voices and *ad hominem* arguments are not to be tolerated.

**Guests** - Guests, whether members or non-members, are not allowed to attend a class during the summer 2021 term. **Please do not forward to anyone the Zoom links for courses.** Every course registration is for one person only; if there’s another person in your home who would like to participate, he or she must be an LLI member and must register for the course. Forwarding this catalog to friends and family is strongly encouraged.

**Refunds**
- Membership dues are not refundable.
- Course fees are refundable if a course is (i) not attended and the refund is requested before the end of that term, or (ii) canceled by LLI.

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