Welcome to Lifetime Learners Institute’s
2023 Summer Term!

Hello, and welcome to Summer!

This season we are looking forward to many favorites and some new experiences too. Classes will be held in person on the NCC campus, and two courses this summer will also be offered in a fresh new format. We are proud to introduce an exciting new offering—Hybrid courses, which will accommodate both in-person and online learners. Our technology team has worked hard to bring this opportunity to LLI, and we look forward to participating.

For this summer we have history and art, thought-provoking topics and lighter fare, classes to keep you cool, and friends both new and old, to keep you connected. So jump in, the water’s fine!

Very best,
Jackie Barchilon and Frank Phillips
Co-Presidents, Lifetime Learners Institute

PS: Not a current member or would you like to give a gift of membership? Simply go to our website (www.Lifetimeleaners.org) and click on the Membership & Registration button.

PPS: We are always looking for new talent—instructors and volunteers to help run our programs. If you are interested, please send an email to L Learner@ncc.commnet.edu
NEW FOR 2023
HYBRID COURSES!

This summer LLI will introduce an exciting new offering: the Hybrid course format, which includes both in-person and online learners. Hybrid courses will expand LLI’s community by reaching out to a wider audience and providing members with a choice of how they wish to participate.

Using online platforms like Zoom, hybrid classes allow remote learners to enroll in courses that would otherwise be offered only in-person at NCC. While online and on-campus learning are obviously different, LLI’s offerings have been thoughtfully designed to provide remote learners with real opportunities to participate and interact. And, to ensure their best possible experience, the number of remote learners in each hybrid course will be limited.

Please be advised that members registering for the hybrid class will need to choose either the on-campus or the online-only option, and, due to restrictions on classroom capacity, online learners will only be able to participate remotely.

This summer all courses are offered in person. Any course that is also offered in hybrid format is marked as such.
### Registration is required in advance

All courses are held in person --

Hybrid courses are held both in person and via Zoom (see page 1)

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### Entry to the campus is as follows:
Sign in as a visitor at the security desk and be prepared to show a photo ID (such as a driver’s license).
Members are encouraged to register as early as possible for courses due to limited classroom seating. Also, early registration will help avoid the possible cancellation of courses due to low enrollment the week before the beginning of the term.

TUESDAY COURSES
July 11, July 18, July 25, August 1 and August 8

Songs with Social Significance

10:10 am - 11:50 am

Sing me a song of social significance
All other tunes are taboo
I want a ditty with heat in it
Appealing with feeling and meat in it...

Harold Rome’s lyric reflects a recurring theme in musical theatre, beyond light and bubbly love songs, and dealing with the issues of the day: social, political, economic, even mental health. In the five selected works, we explore how musical theatre focuses on our dreams, ambitions, societal challenges and obstacles. We include the then-scandalous take on an iconic American anthem, Of Thee I Sing, Baby, by Ira Gershwin.

Week 1: The Pirates of Penzance; or The Slave of Duty - WS Gilbert; Arthur Sullivan
Week 2: 1776 (the 1969 and 2022 versions) - Sherman Edwards
Week 3: Of Thee I Sing - George and Ira Gershwin
Week 4: Sweeney Todd: The Demon Barber of Fleet Street - Stephen Sondheim
Week 5: Merrily We Roll Along - Stephen Sondheim

Art Gang graduated from NYU with Honors in English, writing a thesis on the poetry of Gerard Manley Hopkins. After graduating from Brooklyn Law School, he practiced law for 40 years. He earned a Masters in American Studies from Fairfield University, writing a thesis on the plays of Tony Kushner. He is the president of the Fairfield County Chorale.
The Films and Music of Frank Sinatra  
1:10 pm - 2:50 pm

We follow the five-decade career of arguably the greatest singer and entertainer of the 20th century, focusing on many musical and cinematic highlights. From his start in the 1930’s he got his big break with the Harry James and then the Tommy Dorsey Orchestras. He reached his 1940’s heyday as Frankie, the “bobbysoxers’ delight.” We review his fall from grace, when he lost his voice, his radio shows, his recording contract and his wife—and his career as both a singer and actor was over. In the 1950’s he made a triumphant comeback as a sexy swinger, a masterful interpreter of the Great American Songbook and an actor and entertainer of incredible range and power. The 1960’s saw the Rat Pack followed by his premature retirement in the early 1970’s. His second comeback came in the mid-1970’s and 1980’s as Ol’ Blues Eyes and The Chairman of the Board, an American institution that still resonates to this day.

Week 1: Beginnings—early years with Harry James and Tommy Dorsey
Week 2: Frankie!—1940’s heyday as the “bobbysoxers’ delight” and his first MGM musicals
Week 3: Collapse—lost voice, career and marriage
Week 4: The Phoenix Rises—re-invents himself in the 1950’s
Week 5: Forever Frank—Surviving and thriving in the 1960’s, 1970’s and 1980’s

Gary Carlson, retired Professor of English at NCC, has created and taught a wide variety of courses on writing, literature, film and pop culture. A published author of fiction, nonfiction, film and music criticism, he was also the founder and host of NCC’s 15-year long Movie-of-the-Month series.

Watercolor Explorations  
1:10 pm - 2:50 pm

This course, for all levels of ability and experience, explores the possibilities of watercolor paints, building on what participants already know. Materials are discussed at the first class. If you already have watercolor supplies please bring paints, brushes, two containers for water, 140 lb. watercolor paper and newspaper to class. Participants are encouraged to collect ideas (on paper, digital photos, Pinterest) that appeal to them. Please check out the instructor’s Pinterest page for ideas https://www.pinterest.com/cranesareus/.

Week 1 - Exploring the possibilities: wash/glaze/layers wet into wet; grid format
   “Magic Squares”
Week 2 - Shadows, shading, controlling value
Week 3 - “Rainbow Land”
Week 4 - Working with masking liquid and watercolor powders
Week 5 - Monochromatic ideas

All courses subject to change or cancellation
Louise Flax has taught art and photography in the Norwalk Public Schools for 38 years. She loves teaching, sharing and thinking about art. Her website is http://louise-flax.squarespace.com.

WEDNESDAY COURSES
July 12, July 19, July 26, August 2 and August 9

Current Events

In each class, the instructor leads discussions on the top current events topics of the week. Join us for these exciting and stimulating discussions. Class members are asked to suggest topics for discussion by emailing the instructor with their ideas. The instructor will provide a planned list of that week’s topics prior to the class. - Join the fun!

Gary Lishnoff is a long standing and active member of LLI. He is a past president and board member and is engaged in the Curriculum and Special Events committees. He has led many courses on history, music, and current events.

Essentrics Limited enrollment, 1-hour class

Essentrics is a dynamic, low-impact, one-hour fitness program that strengthens the muscles in the elongated position, which creates a long, lean, and re-balanced body. The unique fluid movement of Essentrics slenderizes and tones the abdominal muscles, waist, thighs, arms and back, while improving posture, flexibility, agility, and strength. Essentrics rapidly and safely conditions the full-body so that it can be done daily, helping you feel energized, positive, healthy and strong.

Please note: This is a one-hour class. Participants must be able to get up and down from the floor unassisted. Persons with a disease or condition that might result in health issues when engaging in low-level movement activity should not enroll in the course. A pre-participation medical screening form will be sent to all enrolled members and must be returned to the instructor.

June Bird earned a master’s degree in dance and has been teaching it for more than 30 years. Her background is in ballet, tap, jazz and modern dance. She has taught dance movement in dance studios, after-school programs, adult education, community colleges, nursery schools, public schools, and assisted living communities.
Prominent Women Political Leaders in Southeast Asia

Sexism is notorious in Southeast Asia (from Myanmar to Timor Leste). It’s manifested in everyday life, religions, government, party politics, large businesses, the armed forces and education up to the university level. The six female political leaders studied here, Aung San Suu Kyi, Corazon Aquino, Gloria Macapagal Arroyo, Megawati Sukarnoputri, Pany Yathortou and Nguyen Thi Kim Ngan rose to political prominence in their countries despite all these hurdles. This course examines the why’s and how’s of their successes and failures.

**Paul Sarno** is a graduate of the University of Pennsylvania and the Columbia Law School. He was a civil trial lawyer in New York City for 38 years. He has taught at various senior learning centers and other venues. He has long nurtured a fascination with Southeast Asia, especially Myanmar. Through readings and extensive travel to the area and as a Trustee of The Burma Studies Foundation, he has been engaged in a systematic effort to better understand these countries. He continues to struggle to master the Burmese language.

THURSDAY COURSES

July 13, July 20, July 27, August 3 and August 10

Bucket List of Art, Museums, Galleries, and Books

10:10 am - 11:50 am

Limited enrollment  *HYBRID* [See note on page 1]

Art is ever evolving. Our tastes, likes and dislikes also are subject to change. As the new century has taught us, what we once held dear may in fact be altered by current events. The instructor shares what she thinks is valuable and worth listing based on her personal taste and scholarship. In the final class, students present their top five choices for their personal bucket list.

- **Week 1** - Early art and architecture, museums and books
- **Week 2** - Renaissance Art
- **Week 3** - Radical shift from traditional European Academic art
- **Week 4** - New art - galleries, museums, collectibles and books
- **Week 5** - Class shares individual bucket lists

Course may include material covered previously.

**Darby Cartun** earned a BS from Syracuse University and an MAT from Sacred Heart University. She is a passionate lover of the arts with a desire to share ideas and theories. Her radio talk broadcast is heard on 1490 WGCH every weekday afternoon, 12:30pm-1:00pm (www.wgch.com). She also curates a small gallery in Stamford.

All courses subject to change or cancellation
Iraq: 20 Years Ago *HYBRID* See note on page 1

1:10 pm - 2:50 pm

Twenty years ago, the United States invaded Iraq to remove Saddam Hussein, a previous Washington lackey, and to replace him with another satrap. Various justifications for the invasion were offered – weapons of mass destruction, collusion on 9/11, bringing democracy – but the instructor will present the real reason as Saddam’s taking Iraq’s oil transactions off the dollar and basing them on the Euro. As background to the invasion, we analyze the Sunni-Shia split (fundamental to understanding the Middle East today) and Iraq’s historical development from colonialism through the rise of Saddam Hussein and the Iran-Iraq war. Finally, we analyze Operation Desert Shield, Operation Desert Storm and the invasion of Iraq in 2003.

Week 1 - Sunni-Shia Split: a basic understanding of Islam and what led to the Sunni-Shia split
Week 2 - Creation of British and French Colonialism: Iraq, Syria, Jordan (Transjordan), Lebanon, Palestine
Week 3 - Iraq: 1932-1990: the Kingdom of Iraq joined the League of Nations (1932); Iraqi Revolution (1958); rise of Saddam and the Iran-Iraq War; overview of Ba’athism
Week 4 - Shield to Storm: Saddam took control of Kuwait doubling the size of his oil reserves aiming to eliminate his debt from the Iran-Iraq War; Kuwait liberated, setting the stage for 2003
Week 5 - Saddam’s Waterloo: March 19, 2003, America and British troops invaded Iraq. Saddam met his Waterloo; but the United States, by 2011, its Singapore

Course may include material covered previously.

Mark Albertson is the historical research editor at *Army Aviation* magazine in Monroe, Connecticut and is the historian for the Army Aviation Association of America. He is the author of six books including *On History: A Treatise*

Animated Shorts

1:10 pm - 2:50 pm

Each week we view two Oscar-nominated or Oscar-winning animated shorts followed by revealing interviews with the directors and/or animators. We review themes as well as artistic techniques such as traditional cell animation, stop motion and animation over film.

Week 1 - Oscar nominee and/or winner from 2023
Week 2 - Oscar nominee and/or winner from 2022
Week 3 - Oscar nominee and/or winner from 2021
Week 4 - Oscar nominee and/or winner from 2020
Week 5 - Oscar nominee and/or winner from 2019

Frank Izzo was a cartoon and comics lover as a kid. In college, he became a fan of the international animated shorts festivals. Frank has published one *very short* fiction story, two short stage plays, a few short humor pieces for area magazines and many mercifully short TV and radio commercials. He has taught several courses here at LLI, as well as a for-credit course on advertising at NCC.

All courses subject to change or cancellation 7
Free
For Members Only
No Registration Required!

Monthly meeting details and Zoom links will be sent to all members via the weekly Tuesday email.

The LLI Film Club meets on the 2nd Thursday of most months from 7:00-8:15 pm on Zoom and is free to LLI members. Films are watched in advance by members in the comfort of their homes. At the meetings, we discuss themes, characters, cinematography, screenplay, cast, director, music, reviews and much more. Moderators rotate among the club coordinators and the Film Club members, who take turns doing research on some of these topics regarding a particular film and sharing what they’ve learned with the group.

All films are available via streaming services such as Amazon, Netflix, and YouTube, with an occasional inexpensive rental cost (usually $2.99 or $3.99) or through local libraries that provide either CD lending or online free access.

Club Coordinators:
Vicenta Guerin, Elinore Kaplan, Sandi Sacks
Course Registration and Zoom Information

To register for a LLI course:

- Go to www.lifetimelearners.org
- On the left-hand margin of the website click on “Click here for Membership & Registration”
- Use the online registration form to (a) select your courses, or (b) renew your membership if necessary, or (c) both select your courses and renew your membership. Dues are $50 for one full year and the fee for each course is $30.
- You may also give the gift of an LLI membership and courses to friends and family, 50 years and older, by clicking on the “Yes” under Gift Membership.
- For all courses, you will receive a hardcopy, mailed confirmation from LLI.
- **Hybrid courses:**
  In-person learners will receive a hardcopy, mailed confirmation from LLI, which will include the NCC classroom number.
  Online learners will also receive, at least one day before the first class, an email from LLI with the Zoom link. Save this email with the Zoom course link. The link will look like https://zoom.us/k/909090. Click on the Zoom link ten minutes prior to your class start time. You will use the same link for all weeks of the course.
Important General Information

Guests - Guests, whether members or non-members, may attend one session of one course during the summer 2023 term, if space is available, unless otherwise announced. Please do not forward to anyone the Zoom link for the hybrid course. Every course registration is for one person only; if there’s another person in your home who would like to participate, he or she must be an LLI member and must register for the course. Forwarding this catalog to friends and family age 50 and over is strongly encouraged.

No Recording/Reproductions by Members or Guests – Course material may be subject to copyright protection. In order to comply with intellectual property requirements, recordings or reproductions of course material by members or guests are strictly prohibited.

Photographs and Videos by LLI – Photographs and/or video and audio recordings of LLI events may be taken by LLI. These images and, where applicable, voices may be posted on the LLI website; included in LLI communication and promotional materials - whether in print, online, in videos, on Zoom or in any other medium - including in catalogs, brochures, newsletters and presentations and on social media; and used, edited, distributed, and displayed by LLI and/or the photographer/videographer for any other lawful purpose. By attending an LLI event, you consent to your image and voice being photographed and/or recorded at such event and used for any of the foregoing purposes, unless you inform the photographer/videographer before or at the beginning of the event that you do not wish to be photographed or recorded.

Conduct – Lifetime Learners prides itself on the excellence of its instructors, who come from many diverse backgrounds and bring to the classroom a broad spectrum of views to explore. Members may not agree with some of the views expressed by instructors or other participants, and discussion of our differences is both healthy and encouraged. Nonetheless, we must disagree agreeably. Inappropriate language, raised voices and ad hominem arguments are not to be tolerated.

Lifetime Learners Institute is a guest of Norwalk Community College. NCC supports LLI, providing access to the classrooms, Wellness Center, auditoriums and library, and more. Our members must follow the NCC rules and policies regarding access and safety and must conduct themselves with appropriate decorum.

This includes, but is not limited to:

• showing identification and/or signing in when requested
• completing any required forms for access to campus resources
• complying with current COVID restrictions
• showing respect to all: NCC students and staff, other LLI members and LLI instructors
• complying with classroom and auditorium maximum capacity limitations
• not bringing food into classrooms or auditoriums
• not entering classrooms until all NCC students and teachers have left the room

Failure to adhere to the NCC rules and policies, or acting inappropriately toward NCC staff or students, other LLI members or LLI instructors, may result in the suspension or revocation of LLI membership.

All courses subject to change or cancellation
Refunds

- Membership dues are not refundable.
- Course fees are refundable if a course is (i) not attended and the refund is requested before the end of that term, or (ii) canceled by LLI.

**LLI Mission Statement**

_to inspire and facilitate the joy of lifelong learning, personal growth, and social connections for adults 50 and over._

**LLI Core Values**

**Core Values Definition**

Core values are the deeply held beliefs of how we go about pursuing our mission. They support the practices we use (or should be using) every day in everything we do. They reflect how we want our organization to resonate with and appeal to members and the external world.

**Stimulate the Mind, Body, and Spirit**

We provide opportunities for continuous learning through a wide array of courses and individual presentations in academic subjects, the arts, wellness, and social engagement.

**Volunteerism**

We are an independent volunteer organization that relies on the commitment of its members to contribute their time and expertise in all areas of administration and leadership.

**Community Building**

We build a network of social connections to form a community of friends as well as have an impact on the surrounding community.

**Adaptability**

We are a flexible organization that evolves to meet the needs of our members and the demands of changing times.

**Inclusion**

We are committed to offering programs that acknowledge and strive to enhance the diversity of our membership and respect the values of all.