

# 2022 Friday Brown Bag Lunch & Learn Series

All Programs are In-Person\*

Refreshments at 12:15, Presentation at 1:00

BRING YOUR OWN LUNCH OR BUY LUNCH AT NCC CAFÉ  
EAST CAMPUS FORUM

## No Registration Required

Except for the September 16 Open House, Lunch & Learn programs are open to Members Only.

September 16 - Sixty Years of Showtunes

**Open House** - All are invited, bring your friends and family who are 50 and over!



Since its inception in the late 1800s, Broadway has attracted people from around the world to its 41 stages in New York City. Sixty Years of Showtunes tracks the evolution and recent history of musical theater, with performances from many of Broadway's most iconic and beloved shows, including *Funny Girl*, *Les Miserables*, *Dear Evan Hansen* and more. From tender ballads to all-out showstoppers, join us for a musical tribute to the best of Broadway.

**Encore** is a group of singers, all NCC students, who share a love for musical theater and performing. The mission of Encore is to bring the joy of music to the stage through vocal performances, from Broadway to today's pop music. Encore performs at various venues throughout Fairfield County.

September 23 - Senior Safety at Home



Falls are the primary cause of fatal and non-fatal injuries in Americans over the age of 65. Fall prevention is an important topic to consider as we get older. Physical changes and health conditions — and sometimes the medications used to treat those conditions — make falls more likely as you age. While falls are a leading cause of injury among older adults, fear of falling doesn't need to rule your life.

**Mark Basler** brings over 15 years of experience in non-medical home care to Always Caring of Connecticut. He served at Home Care, as Director of Business Development and Managing Director, which led him to open Always Caring of Connecticut in 2018. The organization provides

personal care and services for clients with vastly different needs, and is dedicated to providing the best possible care with their team of caregivers."

### September 30 - The Glass House: Modern Architecture in the Connecticut Landscape



Enjoy a virtual visit to one of Connecticut's most innovative architectural environments, The Glass House in New Canaan. This former home of architect Philip Johnson, first built in 1949, but later expanded over decades, is now a center for art, architecture and culture. It features examples of some of the most important movements in 20th-century architecture as well as a significant collection of post-war American art. Now a site of the National Trust for Historic Preservation, The Glass House continues to preserve a nearly 50-acre landscape that is as much a part of the visual design as the architecture itself.

**Hilary Lewis** is the Chief Curator and Creative Director at The Glass House. She is co-author of two books on the architect, *Philip Johnson: The Architect in His Own Words* and *The Architecture of Philip Johnson*. She is the recipient of the AIA International Book Award and was a Visiting Scholar at the American Academy in Rome. She earned her undergraduate degree from Princeton and her graduate studies were at MIT and Harvard, where she also taught both undergraduate and graduate students.

### October 7 - The Merritt Parkway: History and Future of a National Treasure



Learn the story of the origin, design and construction of the Merritt Parkway's unusual bridges and pastoral landscape, the parkway's impact on American highway design, how it has been revitalized after coming close to losing its park-like character, recent bridge restorations and the challenges it faces to ensure its future as a safe and beautiful drive.

**Wes Haynes**, Executive Director of the Merritt Parkway Conservancy, has practiced in the field of historic preservation since 1980. The Conservancy is a nonprofit, member-supported organization working to protect, revitalize and be stewards of Connecticut's largest historic district since 2002.

## October 14 - Norman Ives: Constructions and Reconstructions



Prepare to be dazzled by the work of Norman S. Ives, mid- 20<sup>th</sup> century master of graphic design. Join author, graphic designer and photographer John T. Hill as he discusses Ives's breakthrough use of symbols, color, shapes, letterforms and typography. Ives and Hill both taught at the Yale School of Art, along with an impressive group of other faculty, including Paul Rand and Walker Evans. Hill discusses highlights from recent Ives's exhibitions. As Ives's student, friend and later, colleague, Hill provides unique insights into his body of work, as well as his impact on the entire community of graphic designers.

**John T. Hill** is a graphic designer and photographer from the Yale School of Art. He is the author of a book on Norman S. Ives, mid-20<sup>th</sup> century graphic design master. He co-founded Yale's Department of Photography and was its first director of graduate studies and has published six books on Walker Evans.

## October 21 - Building One Community: Immigrant Training



Learn about Connecticut's immigrants and how Building One Community, the Center for Immigrant Opportunity (B1C) assists immigrants and their families. B1C is a welcoming point of entry where Stamford area immigrants connect with their new community and access a complete array of wraparound services in four critical areas – education, employment, empowerment and engagement. Since its inception it has served over 13,000 immigrants from 115 countries who speak 43 different languages, using an array of research-based programs proven to accelerate their integration and success.

**Don Strait** is the Deputy Director of the non-profit Stamford organization Building One Community (B1C). From 1992 to 2017, Don was Executive Director of the Connecticut Fund for the Environment (CFE), a nonprofit organization promoting environmental advocacy.

## October 28 - Bigelow Tea



This Photo by Unknown Author

Bigelow Tea was founded by Ruth Campbell Bigelow in 1945. At that time, the only tea available in the U.S. was black tea. A friend gave Ruth an old colonial tea recipe whose ingredients included black tea, orange rind and sweet spice, and Ruth spent weeks perfecting the blend in her kitchen. The tea was an instant success, garnering rave reviews from folks who had sampled the brew at a social function. A friend later told Ruth that her tea caused nothing but constant comments. Today, Constant Comment is still the number one selling flavored black tea in the

country. Betty tells us a brief history of tea, how tea is processed, and the latest health information associated with drinking tea. Lastly, she tells us how to make the perfect cup of tea.

**Betty Johnson** has been associated with Bigelow Tea, located in Fairfield, for the past 25 years. The first 12 years she was the Customer Service Manager as well as speaking about tea throughout the state. Now she exclusively does tea presentations.

**Attendees at Brown Bag Lunch & Learn programs should exercise care in walking to and from the seats in the East Campus Forum. Attendees who may have difficulty walking to and from the seats should identify themselves to the LLI members manning the entrance door, so that they may enter first and be safely seated at the top of the auditorium.**

*Please show your LLI ID at the Lunch & Learn welcome table and obtain an entrance ticket. Tickets are distributed on a first-come, first-served basis. The number of tickets is limited to the maximum capacity of the auditorium.*

*\*To attend LLI on-campus events, NCC requires that you sign in as a visitor at security and be prepared to show a photo ID (like a driver's license); masks are optional. It is strongly suggested you arrive early to sign in with security.*