

Lifetime Learners Institute at NCC

2019 Summer Catalog



Welcome to Our Third Summer Session, 2019

We remember fondly our Curriculum Committee Chairperson, the late Richard Di Vecchio, who encouraged us to try new initiatives. The Summer Session is a result of his efforts. In that spirit, we aim to keep our programs fresh and interesting.

Based on the success of the past two Summer Sessions we are looking forward to our third. We will have four weeks of eight diverse courses led by some of your favorite instructors. Additionally, two single-session Fall Previews: *Writer's Voice* plus *Liberty, Equality, and Democracy: The Defining Documents* will be presented by two new instructors.

*Thank you,
LLI Curriculum Committee*

SCHEDULE INFORMATION:

Summer courses run for four weeks: Classes will be held from **July 16 thru August 9, 2019.** Each course meets once per week. All summer courses require paid registration in advance. ***New!*** Morning class time added: 10:10am—11:50am. Other classes start at 1:10pm and 3:10pm. In addition, two FREE classes are offered as a preview for Fall 2019 courses (see schedule). Lunch & Learn events are not held during the Summer Session.

For schedule, membership and registration instructions, please see the last pages.

Lifetime Learners Institute at Norwalk Community College, Room W102, 188 Richards Avenue, Norwalk, CT 06854
E-mail: info@lifetimelearners.org Phone: 203-857-3330 Website: www.lifetimelearners.org



The American Gulag

This course identifies a shameful error in American history: Slavery. We begin with the abduction of Africans from their homeland to their transplantation thousands of miles into a totally foreign environment. Those who had professed themselves champions of States Rights and the precepts of the American Constitution in the end practiced a system of suppression relegating their fellow Man to the depths of unbridled servitude.



Mark Albertson is the historical research editor of *Army Aviation* magazine in Monroe; and, is the historian of the Army Aviation Association of America. He has written several books, among them *They'll Have to Follow You! The Triumph of the Great White Fleet*. An avid speaker, Mark travels Connecticut presenting on topics of history, politics and current events.

4 sessions starting Thursday, July 18 at 1:10 PM

Bubbles & Manias, Panics & Crashes: A Short History of Investor Irrational Exuberance

From tulip bulbs to crypto currencies like Bitcoin, we examine investment bubbles – what they are, how they arise and how to recognize them. We consider the ways investment bubbles end and how to avoid investing in them.



Ted Wolff retired from Wall Street after 30 years as an investment analyst and portfolio manager. He has taught several classes on financial topics for LLI.

4 sessions starting Tuesday, July 16 at 10:10 AM

Current Events

Each week we dissect and discuss topical issues making the news, whether foreign or domestic, social or economic, as well as political issues of international, national or local interest. Join us for a free exchange of opinion and ideas.



Mark Albertson is the historical research editor of *Army Aviation* magazine in Monroe and is the historian of the Army Aviation Association of America. He has authored several books on history. An avid lecturer Mark travels Connecticut presenting on a variety of topics relating to politics and current events.

4 sessions starting Thursday, July 18 at 3:10 PM

Summer 2019 – LLI Course Descriptions

Delacroix & Renoir: The Violent Romantic and the Romantic Impressionist

Come explore the passion and violence of Delacroix! He captured the imagination of the people of his time with exotic turbaned characters and wild lions and took us to the realm of Sir Walter Scott as well as that of the Crusaders. Then cool your excitement and passion with Renoir's soothing Impressionistic scenes of the bourgeoisie. Dance, travel to Normandy on holiday, have lunch on the Seine or just relax in the company of a beautiful young nude. Be part of the romantic period of Renoir.



Darby Cartun received a BS from Syracuse University and a MAT from Sacred Heart University. She is a passionate lover of the arts with a desire to share ideas and theories. Her radio talk broadcast is heard on 1490 WGCH every weekday afternoon, 12:30pm-1:00pm (www.wgch.com).

4 sessions starting Friday, July 19 at 10:10 AM

Drawing Flowers with Colored Pencils

Come and appreciate beautiful flowers each week. After a short lecture on the science behind the species and close observation, we draw in pencil then trace our drawing and finally render it in color.

Required Materials: Sketching pad 9"x12" or 11"x14", a range of pencils 2H-2B, a small jar or bottle to hold flowers, a kneaded eraser, a set of 12 colored pencils (Prismacolor or equivalent), and a loupe. Instructor supplies flowers and tracing paper.



Dick Rauh is a botanical artist and teacher living in Westport. His work appears in many public and private collections throughout the country. He has exhibited widely, most recently with solo shows at the Brooklyn Botanical Garden, the Wilton Library and the New York State Museum.

4 sessions starting Tuesday, July 16 at 1:10 PM

Essentrics Movement

Essentrics is a dynamic, low impact, one-hour fitness program that strengthens the muscles in the elongated position, which creates a long, lean and rebalanced body. The unique fluid weight-free movement of Essentrics slenderizes and tones the abdominal muscles, waist, thighs, arms and back, while improving posture, flexibility, agility and strength. Essentrics rapidly and safely conditions the full body so that it can be done daily, helping you feel energized, positive, healthy and strong.



Please note: This is a one-hour class. Participants must be able to get up and down from the floor unassisted. Persons with a disease or condition that might result in health issues when engaging in low-level movement activity should not enroll in the course. A pre-participation medical screening form will be distributed and must be filled out on the first day of class.

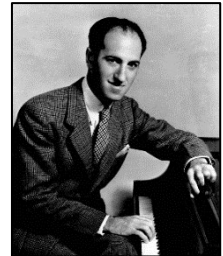
Summer 2019 – LLI Course Descriptions

June Bird has a master's degree in dance and has been teaching for more than 30 years. Her background is in ballet, tap, jazz and modern dance. She has taught dance movement in dance studios, after school programs, adult education, community colleges, nursery schools, public schools and assisted living communities.

4 sessions starting Tuesday, July 16 at 3:10-4:10 PM

George Gershwin: Life and Music

Dr. Joe introduces us to this musical genius who composed an amazing variety of memorable music during his short lifetime. We hear some fun stories and lyrics to songs like *You Can't Take That Away from Me*, *Someone to Watch Over Me* and *Love Is Here to Stay*. Dr. Joe performs this iconic music for us on a piano keyboard, in his own creative style.



Joe Utterback earned his Master's degree in Piano Performance from Wichita State University and his Doctor of Musical Arts from the University of Kansas. He has 425 published jazz and classical compositions. He has been music director and organist of the First Congregational Church of Stratford for over 20 years. He's been teaching music for 25 years at Sacred Heart University and has taught for 14 years at LLI. He continues to perform throughout the U.S. and around the world.

4 sessions starting Wednesday, July 17 at 3:10 PM

Songs to Sing About: American Songbook

Take a deep and refreshing dive into selected treasures of the *American Songbook*, including Irving Berlin, Jerome Kern, George Gershwin, Hoagy Carmichael, Johnny Mercer and Duke Ellington. Learn the back stories, broad significance and special stylistic features of such songs as *Alexander's Ragtime Band*, *All the Things You Are*, *I Got Rhythm*, *Rockin' Chair*, *Lazybones*, *Blues in the Night*, *Jeepers Creepers*, *Star Dust*, *Skylark*, *Sophisticated Lady* and *Solitude*.



Dr. Joshua Berrett earned a BA from the University of Cape Town in South Africa, an MA from Columbia University, a PhD from the University of Michigan and studied at the Manhattan School of Music, Juilliard, and the Tanglewood Music Center. He is a Professor Emeritus at Mercy College, a freelance violinist and the author of many publications on music. With his wife, Lynne, he is co-founder of the non-profit Ageless Mind Project, Inc.

4 sessions starting Thursday, July 18 at 10:10 AM

FREE One-Session Previews of Fall 2019 Courses
No Registration required
Just bring your current LLI/NCC Photo ID

The Writer's Voice – Free Preview Wednesday, July 24 at 1:10 PM, Room W101

Thinking about writing a short story, novel or memoir but can't get started? The instructor shares writing tips and creative generators to inspire you to put pen to paper (or fingers to keyboard!) while bringing fun, fresh ideas to help you discover your inner writer. Here is the motivation you need to banish writer's block and write short stories and personal essays in your own voice. Please bring a notebook and pen.



Kim Kovach teaches fiction writing and creative non-fiction writing for adults in Fairfield and Westchester counties. She is the author of six fiction books and writes a weekly newspaper column for Halston Media and lifestyles articles for magazines. Please visit her website at www.kimkovachwrites.com.

Liberty, Equality and Democracy: The Defining Documents – Free Preview
Wednesday, Aug 7 at 1:10 PM, Room W101

Defining American democracy has been as continuous a process as it has been contested; it is a product of debate. The fall course follows that evolving debate over periods that did most to shape our beliefs and system of government.



For this preview, we begin by looking at Emerson's 1854 address on the Fugitive Slave Law, delivered on the last night of a series of thirteen antislavery lectures organized by famed abolitionist William Lloyd Garrison. For those who wish to read the speech before class, it can be found at <https://www.bartleby.com/90/1107.html>.

Steven Phillips was educated at Washington University, the University of Chicago and NYU's Tisch School of the Arts, receiving an MA in English Literature from Chicago and an MFA in Filmmaking from NYU. He spent the bulk of his career as a partner and creative director of a production company for film, video, live events and branding. Since retiring, he has worked with community-based and higher education non-profits, as well as earning an MA in American Studies from Columbia University.

1 session on Wednesday, Aug 7 at 1:10 PM

Don't forget, please Follow and Like us on facebook!



Lifetime Learners Institute - LLI

Lifetime Learners Institute at NCC

SUMMER 2019 COURSE SCHEDULE



TUESDAYS -

10:10-11:50am **Ted Wolff** - *Bubbles & Panics* July 16, 23, 30, Aug 6
1:10-2:50pm **Dick Rauh** - *Drawing Flowers with Colored Pencil* July 16, 23, 30, Aug 6
3:10-**4:10pm** **June Bird** - *Essentrics Movement* July 16, 23, 30, Aug 6

WEDNESDAYS -

3:10-4:50pm **Joe Utterback** - *Music & Life of George Gershwin* July 17, 24, 31, Aug 7

Free Preview Wednesdays – No registration required, Room W101

July 24: 1:10-2:50pm **Kim Kovach** - *The Writer's Voice*

Aug 7: 1:10-2:50pm **Steven Phillips** - *Liberty, Equality and Democracy*

THURSDAYS -

10:10-11:50am **Joshua Berrett** - *Songs to Sing About* July 18, 25, Aug 1, 8
1:10-2:50pm **Mark Albertson** - *American Gulag* July 18, 25, Aug 1, 8
3:10-4:50pm **Mark Albertson** - *Current Events* July 18, 25, Aug 1, 8

FRIDAYS -

10:10-11:50am **Darby Cartun** - *Delacroix & Renoir* July 19, 26, Aug 2, 9

Membership and Registration

To Join/Membership:

- To join LLI, the minimum age is 50. Dues are \$50 per membership year. See next page for payment.
- Membership includes four consecutive terms (equals one year).

To check when your membership expires, see the LLI sticker on the back of your NCC Photo ID card.

- Your membership includes LLI catalogs, newsletters, invitations to special events, certain free winter programs, our free Friday Lunch & Learn series and use of the NCC Fitness Center and Baker Library.

Registration & Payment:

- Course fees are \$30 per course. All courses require registration and payment in advance.
- **Online registration:** payment by credit card only. See www.Lifetimelearners.org (See "Register here" button on left side.) Visa, MasterCard and Discover accepted.
- **Mail in or drop-off registration:** Must be paid by check, payable to Lifetime Learners Institute. Use the registration form on next page (form also available at www.lifetimelearners.org)

Send your mail in registration form and check payable to Lifetime Learners to:

*Lifetime Learners Institute at NCC ,
Room W102, 188 Richards Avenue, Norwalk, CT 06854-1634*

- **Credit cards cannot be accepted by mail or in the office.**
- Course enrollment is on a first received, first enrolled basis, whether via internet or mail.
- Confirmation letters will be mailed (via US Mail) as registrations are processed.

For your Information:

- **Guests are not allowed** to attend classes during Summer or Winter Sessions.
- **Inclement Weather Closures:** Please see Channel 12 News or www.lifetimelearners.org for closure information. Closures cannot be announced on the LLI office phone system.
- **Office Hours:** Monday thru Thursday, 10am to 3pm, closed Friday.
- **E-mail:** info@lifetimelearners.org **Phone:** 203-857-3330 **Website:** www.lifetimelearners.org.

Refund Policy:

- Membership dues are not refundable.
- Course fees are refundable if a course is:
 - Not attended and the refund is requested before the end of that term —**or**—
 - Closed when the registration is received —**or**— Canceled by LLI.
- **All refunds are paid by check from the LLI office.**
- **Classes with insufficient enrollment will be cancelled, so please register early.**

LLI MEMBERSHIP & REGISTRATION FORM – **SUMMER 2019**

LLI Membership Dues: \$50.00 for four consecutive terms. Fee per course: **\$30.00**

Name _____ Male ___ Female ___
Address _____ City _____
State, ZIP _____ Preferred phone _____
Email (*only for LLI communications*) _____
Birth Date _____ (*Required by Norwalk Community College*)

1st Course _____
Alternate (only if closed out of above-listed course) _____

2nd Course _____
Alternate (only if closed out of above-listed course) _____

3rd Course _____
Alternate (only if closed out of above-listed course) _____

4th Course _____
Alternate (only if closed out of above-listed course) _____

5th Course _____
Alternate (only if closed out of above-listed course) _____

Membership Dues (*ONLY* if not a current member): \$50.00 \$ _____

Total number of courses _____ x \$30.00 _____

Contribution to LLI Scholarship Endowment _____

Contribution to NCC Foundation General Fund _____

Contribution to LLI General Fund _____

Total \$ _____

I would prefer to receive future catalogs only via Email (arrives earlier than US mail—and less expense)

If you are a new member, how did you learn about LLI? _____

Please note: Credit cards are accepted for online registration only.

Mail completed form, with check, to: **Lifetime Learners Institute at Norwalk Community College**
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