

# Lifetime Learners Institute



## The 2017 Summer Catalog



### Welcome to the “First Summer” 2017 Session of Lifetime Learners Institute!

Summer is a welcome time of fun, leisure and bright sunny days, but we haven't had LLI courses to arouse our interest and hold our attention – until NOW! LLI continues to find ways to innovate, and when Norwalk Community College's President, Dr. David Levinson suggested we take advantage of the Summer, we took his advice and came up with a Summer program. So, to satisfy our hunger, LLI is offering some additional learning opportunities to enrich our hot summer months – in air-conditioned rooms. Plus, we addressed the desire for long weekends by not scheduling any classes on Monday and Friday.

We have 7 course offerings consisting of four consecutive weeks of our traditional 1 hour and 40 minute classes on a single subject, with start times of 1:10 and 3:10 pm. However, the Essentrics movement class runs for one hour only. Regular rules apply: you must be an LLI member, register and pay in advance.

**Please read the catalog carefully especially the days, times and dates of courses.**

#### **COURSE INFORMATION:**

Classes start on July 11 and end on August 3, 2017. Each course meets on Tuesdays, Wednesdays or Thursdays, starting at either 1:10 or 3:10 pm. Registration and advance payment of \$30 per course is required. A current NCC Photo ID card with LLI sticker is required. There are no Lunch & Learn sessions.

**HOW TO REGISTER:** Consult the course schedule to determine which courses you wish to take. Complete the application form at the back of the catalog and mail with a check in the amount of the course(s) you intend to take. Add the membership fee if needed.



## General and Contact Information

Lifeline Learners Institute, Norwalk Community College, 188 Richards Avenue, Norwalk, CT 06854

Office: Room W102, West Campus

Website: [www.lifetimelearners.org](http://www.lifetimelearners.org) + E-mail: [info@lifetimelearners.org](mailto:info@lifetimelearners.org)

Phone: 203-857-3330

Summer Session events are open to current LLI members only. Payment and registration are required in advance. Members must present their NCC Photo ID with current LLI sticker to gain entrance to the classroom. If you have not yet paid your dues for 2017-2018, please fill out the Registration & Membership form at the end of this catalog, and send it with your check to LLI. All programs are held at Norwalk Community College.

### Closures due to weather:

While summer classes are rarely subject to adverse weather conditions, they do sometimes occur.

Cancellations will be announced on Cablevision Channel 12, and the website [www.news12.com](http://www.news12.com).

**If NCC is closed, then LLI is closed.**

***Cancellations cannot be announced on the LLI office phone system.***

**In the event a class is cancelled, a make-up class will be scheduled.**

### LLI Course Schedule – Summer 2017

#### Tuesdays: 7/11, 7/18, 7/25, 8/1

1:10 PM Socratic Discussion Group Marvin Felsen

3:10 PM Great American Songs & Stories Joe Utterback

#### Wednesdays: 7/12, 7/19, 7/26, 8/2

1:10 PM Mixed Media & Beyond Ellen Gordon

3:10 PM Current Affairs Arthur Gottlieb

#### Thursdays: 7/13, 7/20, 7/27, 8/3

1:10-2:10 PM Essentrics Movement June Bird

1:10 PM Russian Revolution Mark Albertson

3:10 PM Spy Tales from World War II Richard Di Vecchio

## Course Descriptions – Summer 2017

### CURRENT AFFAIRS



Framed by the week's trending news, this course relies on rigorous, yet respectful debate to enhance our understanding of diverse events. Discussions address politics, gender, religion and their effects on contemporary culture – issues that give life depth and meaning. We focus on developing critical reasoning skills by examining the pre-conceived biases that affect our personal objectivity.

*Art Gottlieb is a local historian on subjects of political and military history. He is formally a curator of Naval History and Technical Director of Exhibits at the Intrepid Sea, Air and Space Museum in New York, where he worked extensively to create displays that accurately illustrated the history of the 20<sup>th</sup> Century.*

**Four Wednesdays, starting July 12, from 3:10 to 4:50 pm**

### ESSEINTRICS



Essentrics is a dynamic workout that simultaneously lengthens and strengthens every muscle in the body, resulting in greater joint mobility and lean, long muscles. The workout draws on the flowing movements of *tai chi* which enhance health and balance, strengthening theories behind ballet which generate long, lean flexible muscles and the healing principles which produce a pain-free body.

Members must wear white or white-soled shoes. A pre-participation medical screening form will be sent to enrolled members and must be returned to our office at least one week in advance of the start date. **Note: Members with conditions that may result in health issues when engaging in low-level movement activity should not enroll in this course.**

*June Euston-Bird earned a master's degree in dance and has taught it for over 30 years. She chose to teach Essentrics because it offers great benefits to maintaining better health and wellness for adults and because it is fluid and dance-like.*

**Four Thursdays, starting July 13, at 1:10 to 2:10 pm**

### GREAT AMERICAN MUSIC & STORIES: THE MEN AND THEIR MUSIC

#### Session 1&2: Tony Bennett

Early Life, WW II and After, First Successes, A Growing Artistry, Years of Struggle, Turnaround, An Unexpected Audience, Into the 70's and retirement, The present.

Session 3&4: Frank Sinatra The Start, The Columbia Years, The Actor, The Capitol Years, The "Rat Pack, The Reprise Years, The Mature Years, Assessment.



*Joe Utterback earned an MA in Piano Performances from Wichita State University and doctor of musical Arts from the University of Kansas. He has over 400 published jazz and classical compositions. He has been Music Director and Organist of the First Congregational church of Stratford for over twenty years and has taught music for 22 years at Sacred Heart University.*

**Four Tuesdays, starting July 11, from 3:10 to 4:50 pm**

## **MIXED MEDIA AND BEYOND**



Ever want to create artwork from images, decorative papers and art materials? Let mixed media artist Ellen Gordon show you how to combine materials to create fascinating artwork. Drawing will be integrated with collage. No experience necessary – just a willingness to try! Demonstrations and individual attention will be given as each student works on completing their mixed media creations. Elements of design and composition theories will enhance each student way of thinking about art and creating art.

Supplies: archival glue stick, mat medium or other archival craft glue of choice, decorative collage papers of students choice (newspaper, magazines, colored paper, wrapping paper--anything can be used), tracing paper, scissors, pencil and heavy weight paper or canvas of your choice. Photographs of other artwork of inspiration can be used and transferring techniques will be explained as well.

*Ellen Gordon is a Stamford based mixed media artist. She holds an undergraduate degree from Boston University and a master's degree from Baruch College, NYC. She has exhibited regionally and is the recipient of many awards. Ellen Gordon is the President of the Loft Artists Association in Stamford and serves on the board of the Greenwich Art Society.*

**Four Wednesdays, starting July 12 from 1:10 to 2:50 pm**

## **THE RUSSIAN REVOLUTION**

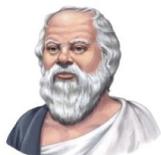


This course traces the Russian Revolution with a journey that begins with an explanation of Marx and Engels' *Communist Manifesto*, and culminates with Stalin's rise to power. The collapse of the Romanovs is showcased followed by the rise of the Bolsheviks. Lenin, Trotsky, Stalin and others are profiled. Central to this four-week sojourn into history are the irrevocable changes which swept across Europe following the French Revolution; focusing of course, on the collapse of Czarist Russia and the advent of Bolshevik Russia, hence, the Soviet Union.

*Mark Albertson is the historical research editor at Army Aviation magazine; and is the author of several books, including On History: A Treatise.*

**Four Thursdays, starting July 13, from 1:10 to 2:50 pm**

## SOCRATIC DISCUSSION GROUP



One or two topics of both a practical and/or philosophical nature are discussed in each session. The instructor provides initial short general background on each topic and then opens a discussion period. The dialogue is expected to include both learned arguments and facts along with any pertinent information or anecdotes pertinent to the subjects. The rules of civil discussion are applied for all topics, whether controversial or not.

*Marvin Felsen earned a BS from CCNY and MS from Adelphi in chemistry, as well as a JD from Quinnipiac University School of Law. He has taught college chemistry, holds two patents and a Professional Engineer license. As an aerospace engineer he worked at Grumman, Lockheed and Sikorsky. He practiced law in Connecticut for 10 years. Marvin was an active member of a Socrates Café discussion group in Florida.*

**Four Tuesdays, starting July 11, from 1:10 to 2:50 pm**

## SPY TALES FROM WORLD WAR II



It goes without saying that war and spying are connected. In World War II there are so many fascinating spy tales that it's almost impossible to choose which to study. This course has settled on spies whose exploits are outrageously daring and some who were not spies at all but accomplished more and did better work than trained operatives. We study the reasons why each got involved, consider the outcomes of their endeavors and lastly, how effective the efforts were of each of these spies.

*Richard Di Vecchio is a student of history who has taught many courses on historical subjects, including The American Presidents, America's Secret Services, Espionage and more at LLI and other venues.*

**Four Thursdays, starting July 13, from 3:10 to 4:50 pm**





# LLI REGISTRATION & MEMBERSHIP – SUMMER 2017



Current LLI members may register for Summer Session. If you're not a current member, **you can join now.** Membership includes the year-round use of the NCC Library, as well as the NCC Fitness Center. LLI membership dues paid now will cover Summer 2017, Fall 2017, Winter 2018 and Spring 2018. Fill out the form below and send it with your check to:

**Lifetime Learners Institute, Room W102, 188 Richards Avenue, Norwalk, CT 06854**

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Telephone: \_\_\_\_\_ Male  Female

Email: \_\_\_\_\_  
(Only used for LLI communications)

Birth Date: \_\_\_\_\_ *Important! Required by NCC*

**1st Course:** \_\_\_\_\_  
*Alternate* (Only if the above class is closed) \_\_\_\_\_

**2nd Course:** \_\_\_\_\_  
*Alternate* (Only if the above class is closed) \_\_\_\_\_

**3rd Course:** \_\_\_\_\_  
*Alternate* (Only if the above class is closed) \_\_\_\_\_

Membership Dues \$50 (Only if not a current member)	\$	_____
Each course is \$30. Total Number of courses: _____ x 30 =	\$	_____
Contribution to LLI Scholarship Endowment	\$	_____
Contribution to President David Levinson LEAP Scholarship fund	\$	_____
Total Enclosed	\$	_____

Send future catalogs to my email address, instead of US Mail  
Emailed catalogs are sent approximately one week before printed copies are mailed.

**NOTE: All registrations will be processed in the order in which they were received.  
Confirmation of course registration will be sent by US mail.**