



# Lifetime Learners Institute

## Spring 2019 Catalog

<b>TABLE OF CONTENTS</b>	<b>PAGE</b>
Who We Are .....	2
Catalog Contributors .....	2
Board of Directors.....	2
NCC President’s Letter .....	3
LLI President’s Letter .....	4
Course Descriptions .....	5-11, 14-18
Course Schedule.....	12-13
Other Information.....	18-19
Brown Bag Lunch & Learn Series.....	20-21
Membership & Registration Information .....	22
Membership & Registration Forms .....	23
Directions to LLI .....	24
Thanks to NCC .....	Inside Back Cover

### **CLASSROOM STANDARDS**

**Conduct** – Lifetime Learners prides itself on the excellence of its instructors who come from many diverse backgrounds and bring to the classroom a broad spectrum of views to explore. Members may not agree with some of the views expressed, and discussion of our differences is both healthy and encouraged. Nonetheless, we must disagree agreeably. Inappropriate language, raised voices and *ad hominem* arguments are not to be tolerated.

**Punctuality** – Students are expected to be in their seats before the instructor begins class and prior to its resumption after the break. In the event a student is late to class, he or she should go quietly to the nearest empty seat. Conversely, a student who must leave early should leave unobtrusively and quietly close the door. Students may not enter a classroom until the NCC professor and students have vacated the room.

**Cell phones** – Cell phones must be turned off for the duration of each class. In the rare event a member is expecting a very important call, the phone should be set to vibrate and the call taken outside the classroom.

**Food and beverages** - While beverages are permitted, food is prohibited. Eating in the classroom is disturbing to other students and detracts from a positive learning environment.

## WHO WE ARE

Lifetime Learners Institute at NCC is a community of working and retired adults over 50 who have a desire to learn and have a broad range of lifetime experiences to share. Our members come from all over Fairfield County and surrounding areas.

We believe that growth through continuing education is the secret to staying vital. The courses we offer meet for four to eight week sessions in a wide range of subjects such as art, science, music, history, current events, nature, humanities and movies. They are conducted in an informal and noncompetitive environment in which members are encouraged to learn and participate. In addition, we offer learning experiences with our free Brown Bag Lunch and Learn lectures given every Friday during the fall, winter and spring terms.

With the exception of the course instructors and an office manager, LLI is an all-volunteer organization. The administration, planning, scheduling, organizing of courses and programs, writing, publishing and mailing of catalogs and newsletters, maintenance of records, financial control, and public relations are all performed by volunteer members under the direction of an elected Board.

## CATALOG CONTRIBUTORS

### CATALOG

Gil Herman, Chair  
David Amerling  
Morgan Corrigan  
Marsha Darmory  
Larry Fox  
Katherine Golomb  
Vicki Phair

### COVER ARTWORK

Bela Szabo

### CURRICULUM

Gary Lishnoff, Co-chair  
Leah Tillman, Co-chair  
Roger Cohn  
Doug Fine  
Vincenta Guerin  
Gil Herman  
Charles Lamb  
Ralph Loomis  
Leslie Loop  
Harriet Malbin  
Diane Donohue Nichols  
Sandi Sacks

### SPECIAL EVENTS

Roman Laszuk, Chair  
Leon Breault  
Ed Delyonas  
Larry Fox  
Norman Glover  
André Guilbert  
Grace Hanford  
Gil Herman  
Gary Lishnoff  
Harriet Malbin  
Mary Nadig  
Victoria Phair  
Virginia Toms

## BOARD OF DIRECTORS

Leon Breault, President  
Vicki Phair, Secretary  
Charlotte Cooper  
Roman Laszuk

Glen Osberg, 1<sup>st</sup> Vice President  
Ann Bello, Treasurer  
Larry Fox  
Gary Lishnoff

Leah Tillman, 2<sup>nd</sup> Vice President  
Barbara Cartounis, NCC Liaison  
Jacqueline Labatt-Simon  
Diane Donohue Nichols

Catalog printed by Woodway Print Inc., Stamford, CT

## *Message from the NCC President*



Dear Lifetime Learners,

There is always something new at Norwalk Community College!

In the new Makerspace on campus, students can print 3-D objects from digital files. In the new Live Animal Laboratory, Veterinary Tech students practice routine care on real animals instead of models. These are two of the latest innovations at NCC, where the curriculum and facilities are constantly evolving to meet emerging needs.

This Spring semester, as you embark on learning adventures through Lifetime Learners, I hope you will take time to enjoy the college's resources.

Drop by the Career Development Center, where you can donate business attire to help our students dress for success. Mark your calendar for April 3, when our annual Academic Festival will take place. Attend one of the many health programs sponsored by our Wellness Committee. Or simply enjoy a meditative moment in the college's Interfaith Center.

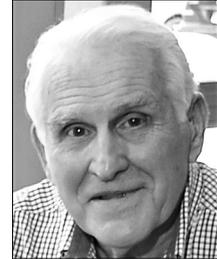
NCC takes pride in its thriving Lifetime Learners organization. Members are active, engaged individuals who share their expertise with others and inspire our students.

Sincerely,

A handwritten signature in cursive script that reads "David Levinson".

David L. Levinson, Ph.D.  
President, Norwalk Community College

## Message from the LLI President



Dear Fellow Lifetime Learner,

This year the spring equinox takes place on March 20, followed later that evening by a full moon. Hopefully by that date the weather will begin to warm and Mother Nature will be kinder to us than she has been this past year. However, at LLI, spring officially begins nine days earlier, on March 11, with the start of our 26th spring semester!

This spring you will be able to choose from more than 35 different courses covering a myriad of interesting topics from A to W (unfortunately, courses starting X, Y & Z were not selected). A diversity of art subjects is again being offered. Let your creativity express itself - drawing flowers, watercolor painting or mixed media collage courses. Explore an art appreciation course. If you are moved by literature, there are numerous options, from books to fables to poetry. Our history courses can teach us much about our world and the events that have occurred in our own lifetime along with the events that led up to them.

To quote the bard, Shakespeare, "If music be the food of love, play on." And to play on, we have Joe Utterback with his keyboard, a ukulele beginner class, Stephen Sondheim music and even Rock 'n' Roll! The spring course offerings continue from discussion of current events to philosophy, the movies, Essentrics and T'ai Chi, the humanities and ~~even~~ more. Our Friday "Brown Bag" Lunch and Learn programs will once again offer a variety of interesting and engaging presentations.

The late President George H.W. Bush was credited as once having said to a friend, "Don't limit yourself to what you already can do or know!" In other words, expand your own individual horizon by taking on new challenges. Perhaps you could consider signing up for a course on a different subject — one you never have considered before. Good luck just go for it!

Respectfully,



Leon Breault  
President, Lifetime Learners Institute at NCC

## COURSE DESCRIPTIONS – SPRING 2019

### American Folk Tales: Mirror of Ourselves

American folk tales are a rich source of heroic or noble actions or tricky and scheming behavior about larger-than-life people, who are really very much like us. Each story is a reflection of the culture, values and beliefs of the region from which it came. Whether it is a tall tale, ghost story or historical legend, we gain many insights about our inner “workings.” Join us as we hold up a mirror to ourselves. The real bonus is that American folk tales are a lot of fun!



**Dr. Elissa Kaplan** is the founder and director of Growing Projects, an educational consulting company, whose vision is leadership through critical thinking and compassionate choices. She earned two MA degrees in Comparative Literature and Language Arts as well as an EdD in Educational Leadership from George Washington University (DC). Over a 17-year period, she has served as Director of Education at four synagogues in Maryland and Connecticut. Currently Elissa is President of the Jewish Historical Society of Fairfield County.

**6 sessions starting Friday, March 15 at 10:10am**

### American Legends

Rediscover some of the great American legends from our generation. Each week we highlight someone from the world of politics, sports, popular culture or music, all well-known people. We focus on their inspirational stories and how they changed American culture. Through the use of award-winning videos, slides and handouts we learn more about Paul Simon, Robert Kennedy, Walt Disney, Mickey Mantle and Yogi Berra, Willie Nelson, Ruth Bader Ginsburg (RBG), Arnold Palmer, Shirley Temple and the Rat Pack.



**Gary Lishnoff** is a past president of LLI and has been an LLI instructor for a number of music, history and culture classes including music of the 1950s, 1960s and 1970s, the Beatles and the culture of Connecticut.

**8 sessions starting Thursday, March 14 at 1:10pm**

### Art Explored: Greco-Roman through French Impressionism

This survey of Greco-Roman through French Impressionism art is designed to illuminate the evolution and very intelligible order of art's periods and styles. Selected from the large body of works available to us the chosen pieces best exemplify each period. Through interactive discussion we discuss and examine the wonderful story of art through works and words. Come enjoy the experience!



**Darby Cartun** earned a BS from Syracuse University and a MAT from Sacred Heart University. She is a passionate lover of the arts with a desire to share ideas and theories. Her radio talk broadcast is heard on 1490 WGCH each weekday afternoon, 12:30 to 1:00pm. ([www.wgch.com](http://www.wgch.com))

**8 sessions starting Wednesday, March 13 at 1:10pm**  
**-OR- 8 sessions starting Friday, March 15 at 10:10am**

### Her ~~History~~ Art History 101

*Broad Strokes: 15 Women Who Made Art and Made History (in That Order)* is a smart, modern and humorous book which serves as our text for this course. As it investigates the question of what it is like to be both artist and female, we ask, “How has the woman’s experience influenced the content of her art?” Two representatives from each century from 1600 to 2000, some of whose names may be unfamiliar, show us the way women lived, worked, loved and created art in their particular era. We explore how the female human spirit and the talent, which previously had been erased from history, are now able to inspire and guide us from three perspectives: history, art and women’s studies. Through lecture, discussion and the viewing of women’s art we discover how many challenges of the past are still formidable for female artists and how we, the observers, bring our own personal stories to our interpretations of what we see on the canvas or in the sculpture.

*All courses subject to change or cancellation*

*See Course Schedule, pages 12-13*

## COURSE DESCRIPTIONS – SPRING 2019

---

The last class (May 1, 2019) is a day's bus trip to the New Britain Museum of American Art, to see *The Beyond: Georgia O'Keeffe and Contemporary Art*. The bus leaves NCC at 9:30am and returns before 5:00pm. The cost of the bus fare and museum admission is \$60.00 (lunch not included) and is in addition to the regular course fee. Please bring a check payable to LLI to the first class. No refunds after March 27.

Students may wish to purchase the text *Broad Strokes: 15 Women Who Made Art and Made History (in That Order)* by Bridget Quinn, Chronicle Books, San Francisco, 2017.

**Patricia Spoor** has enjoyed a long career in education, first in modern dance and later Christian education and always with a focus on women's roles. After retirement she earned a Master's degree in Women's Studies from SCSU and has taught many courses at LLI and other community venues.

**8 sessions starting Wednesday, March 13 at 3:10pm**

### Art of Storytelling

Your stories are your legacy!!! How do you tell a personal story...one that becomes a transitional moment for you? A master storyteller teaches the art of the story while offering techniques that make it compelling. How do you peel back the details until you discover the inner journey that a good story requires? How do you cultivate general skills for public speaking? We learn how to extract the true core of your narratives and how to tell them in an entertaining fashion. Join us to present your stories for practice, critique and mostly...for fun. If you're interested in writing your memoirs, this is a good place to start.

**John O'Hern** is an actor, author and master storyteller. He is the author of two Off-Broadway plays, *Rooster in the Henhouse* and *Sweetspot: Confessions of a Golfaholic*, as well as the novel of the same name. His latest writing project, *Not the Kennedy's*, a collection of stories about growing up in a chaotic Irish Catholic household of ten in the 50s and 60s, is currently in the hands of his literary agent.

**8 sessions starting Tuesday, March 12 at 1:10pm**

### **Beowulf: The Epic Poem Speaks Anew**

"Hear me! We've heard of Danish heroes/Ancient kings and the glory they cut/For themselves, swinging mighty swords!" So begins the epic poem *Beowulf*, which was told by the Anglo-Saxons for over five hundred years before it was written down. As we read, we understand why it has remained vital. Follow our eponymous hero into three monster battles: against Grendel, Grendel's mother and, finally, a fire-breathing dragon. Ask what moved him to take on these mortal challenges. Mourn his passing as we read the poem's elegiac ending. The book we use is Seamus Heaney's translation *Beowulf*, the bilingual edition. It is recommended that each participant purchase a copy for potential highlighting of chosen passages and for keeping us all "on the same page."



**Morgan Corrigan**, a retired high school English teacher and long-time LLI member, finds that she cannot let go of her need to return to the experience of *Beowulf* and to share her passion with others.

**6 sessions starting Thursday, March 14 at 1:10pm**

### **Bubbles and Manias, Panics and Crashes: A Short History of Investor Irrational Exuberance**

What are investment bubbles? How can we recognize them? What are the conditions necessary for their creation? Do they always end in panics or crashes, or can they merely deflate? From tulip bulbs to cryptocurrencies like bitcoin, we examine investment bubbles and manias. We also look at how they end and consider ways to avoid investing in bubbles and their inevitable collapse.



**Ted Wolff** earned a BA from Beloit College, an MA from Western Michigan University and was a Fulbright Fellow in Germany in 1978. Ted has over 30 years' experience on Wall Street as an equity fund manager. He has taught classes on investing, financial issues in retirement and behavioral finance at LLI.

**4 sessions starting Friday, March 15 at 10:10am**

---

*All courses subject to change or cancellation*

*See Course Schedule, pages 12-13*

## COURSE DESCRIPTIONS – SPRING 2019

### Building of the American Empire: 1880-1980

We trace the development of America in the 19<sup>th</sup> and 20<sup>th</sup> centuries from a second-rate power, politically and economically, to the point at which it became the most powerful nation in the world. At the same time, we look at the decline of some of the former major powers of Europe and the conflicts that led to American growth as well as other shifting world phenomena.



**Stephen Balsler** has earned degrees and completed course work at Syracuse University, Wesleyan University, Johns Hopkins University, Williams College and Trinity College at Cambridge University in the UK. This is his 51<sup>st</sup> year of teaching history at the secondary and college level.

**6 sessions starting Wednesday, March 13 at 3:10pm**

### Celebrating Stephen Sondheim

Lyricist and composer Stephen Sondheim has been a towering presence on the Broadway scene for over fifty years. As a Pulitzer Prize Winner for Drama and the recipient of multiple Tony Awards, he has made us rethink the very nature of American musical theater. We explore his multi-faceted styles by analyzing a number of works that have defined his career, just as they have helped shape the careers of major performers. Beginning with his tutelage under surrogate father Oscar Hammerstein and his collaboration with Leonard Bernstein on *West Side Story*, we focus on *Gypsy*, *A Funny Thing Happened on the Way to the Forum*, *Company*, *Follies*, *A Little Night Music*, *Sweeney Todd*, *Sunday in the Park with George* and *Into the Woods*.



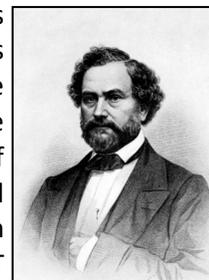
**Dr. Joshua Berrett** earned a BA from the University of Cape Town in South Africa, an MA from Columbia University, and a PhD from the University of Michigan. He studied at the Manhattan School of Music, Juilliard, and the Tanglewood Music Center. He is a Professor Emeritus at Mercy College, a freelance violinist and the author of many publications on music. With his wife,

Lynne, he is co-founder of the non-profit Ageless Mind Project, Inc.

**8 sessions starting Friday, March 15 at 10:10am**

### Connecticut: Our Great State - Part II

Back once again with new stories about characters and historic events that have shaped our history. With the help of award-winning videos we review the lives and stories of some of our famous residents including Samuel Colt, Katherine Hepburn, Gutzon Borglum, Jackie Robinson and PT Barnum. We explore the state's different regions and their histories, mapping out spring and summer day trips to scenic locations and, of course, great restaurants. Part I is not a pre-requisite for this course.



**Gary Lishnoff** is a past president of LLI and has been an LLI instructor for a number of music, history and culture classes including music of the 1950s, 1960s and 1970s, the Beatles and the culture of Connecticut.

**8 sessions starting Tuesday, March 12 at 1:10pm**

### Creative Projects with Mixed Media

Have you ever wanted to work with mixed media using images, decorative papers and art materials? Join a professional media artist to learn how to combine materials to create fascinating artwork. Drawing and painting are integrated with collage. Demonstrations and individual attention are provided as each student works to complete mixed media creations. Elements of design and composition theories are taught at each session, enhancing each student's way of thinking about and creating art. No experience is necessary – just a willingness to try!



**Required Materials:** archival glue stick, mat medium, decorative collage papers of the student's choice

*All courses subject to change or cancellation*

*See Course Schedule, pages 12-13*

## COURSE DESCRIPTIONS – SPRING 2019

(newspaper, magazines, colored or wrapping paper, tracing paper); scissors, pencils, any kind of paint and heavy weight paper or canvas. Photographs of other inspirational artwork can be used and transferring techniques will be explained.

**Ellen Gordon** earned an undergraduate degree from Boston University and a master's degree from Baruch College, NYC. She has exhibited regionally, has received many awards and her work has been exhibited in many private locations across the country and abroad. She serves on the board of the Greenwich Art Society and has planned and taught art programs for children and adults and is a Stamford-based mixed media artist.

**8 sessions starting Tuesday, March 12 at 1:10pm**

### Current Events

Each week we discuss timely issues and events be they political, economic, social or cultural. Whatever is topical or significant is open for review and conversation.



**Mark Albertson** is the historical research editor at *Army Aviation* magazine and is the author of several books. An avid speaker, he travels the Constitution State leading discussions on a variety of historical topics and current events.

**8 sessions starting Thursday, March 14 at 3:10pm**

### Does Our Court System Render Justice?



Participants are divided into sections with each group assigned a side of a specific case to debate and discuss. Each case is either an actual court case or a hypothetical lawsuit derived from an actual litigation. Cases are selected to be provocative and to raise policy, moral and ethical issues such as euthanasia and the propriety of treating juveniles as adults.

**Donald Richenthal** is a graduate of Cornell University and Columbia University School of Law and was selected as a Harlan Fiske Stone Scholar. In private practice for over 35 years, Don has dealt with many varied commercial issues and has served five years as a general-in-house counsel for a multi-national corporation doing business in more than 80 countries.

**8 sessions starting Tuesday, March 12 at 3:10pm**

### Drawing Flowers

We examine a different flower each week, looking closely at the parts and finding out which characteristics make it unique. We draw the flower in pencil with emphasis on accuracy and form and learn how to create form by shading, using a single light source. The instructor provides the flowers and gives a short lecture on their botany. For returning students please note the kinds of flowers discussed are different than in previous courses.



**Required Materials:** sketchbook (Hotpress), a range of pencils 2H-2B, kneaded eraser, pencil sharpener and small jar or bottle to hold flowers.

**Dick Rauh** is a botanical artist and teacher living in Westport. His work appears in many public and private collections throughout the country. He has exhibited widely, most recently with solo shows at the Brooklyn Botanical Garden, the Wilton Library and the New York State Museum.

**4 sessions starting Wednesday, March 13 at 1:10pm**

### Essentrics Movement

Essentrics is a dynamic, low-impact, one hour, weight-free fitness program that strengthens the muscles in the elongated position, which creates a long, lean and rebalanced body. The unique fluid movement of Essentrics



*All courses subject to change or cancellation*

*See Course Schedule, pages 12-13*

## COURSE DESCRIPTIONS – SPRING 2019

slenderizes and tones the abdominal muscles, waist, thighs, arms and back, while improving posture, flexibility, agility and strength. Essentrics rapidly and safely conditions the full-body so that it can be done daily, helping you feel energized, positive, healthy and strong.

**Please note:** This is a one-hour class. Participants must be able to get up and down from the floor unassisted. Persons with a disease or condition that might result in health issues when engaging in low-level movement activity should not enroll in the course. A pre-participation medical screening form will be sent to all enrolled members and must be returned to our office at least one week in advance of the start date.

**June Bird** has a master's degree in dance and has been teaching for more than 30 years. Her background is in ballet, tap, jazz and modern dance. She has taught dance movement in dance studios, after school programs, adult education, community colleges, nursery schools, public schools and assisted living communities. She chose to teach Essentrics as it offers great benefits to maintaining better health and wellness for adults and the fact that it is fluid and dance-like.

**8 sessions starting Monday, March 11 at 3:10pm**

### Exploring Poetry – Part II

Do you find yourself drawn to the occasional poem you see published in a magazine but haven't found the time to read more? Here's your chance to re-engage with poems alongside others who are longing for the same opportunity. Wallace Stevens wrote that poetry is a place where we "resist the pressure of the real, the incessant drumming of the news, of terrible events... Poetry preserves within ourselves the necessary space of imagination, possibility, humanity, love." You are invited to come carve that space for yourself as you rediscover poetry. In each session, we examine a different contemporary poet and after an introduction to the poet's background, we read several poems together. Poets include Tony Hoagland, Natasha Trethewey, Richard Blanco, Rita Dove, Mark Strand and Elizabeth Bishop. Students discuss what is going on in a poem, its techniques and how/why it affects us and are invited to



share favorite poems with the class. It is not necessary to have taken Part I of this course.

**Sandra Soson** graduated from University of Michigan and Wesleyan University. She retired from teaching English at Wilton High School in 2014. In recent years she has run the Poetry Out Loud program for local high school students, given writing workshops to adults and taught ESL as a Literacy Volunteer. Sandra has been passionate about poetry her whole life and enjoys sharing this love with others.

**8 sessions starting Monday, March 18 at 3:10pm**

### Facing History and Ourselves

We are living in a time when incidents of bigotry and hatred across the globe show us how fragile democracy can be. We examine the roles racism, religious intolerance and prejudice play in our lives. Through our study of history, including the Holocaust, the Truth and Reconciliation Commission that followed the end of apartheid in South Africa and the American civil rights movements, we aim to promote a greater understanding of our roles and responsibilities as global citizens.



**Jean Hofheimer Bennett** taught Advanced Placement U.S. History and introduced the course *Facing History and Ourselves* to Weston High School. She served as a College Board reader for the Advanced Placement program and co-authored *Cracking the A.P. U.S. History Exam* published by the Princeton Review.

**8 sessions starting Wednesday, March 13 at 1:10pm**

### Finding Your Family in Online Newspapers...One Character at a Time

This course is designed for genealogists of all levels who have the ability to work independently on a personal computer. We begin with an introduction to OCR (Optical



*All courses subject to change or cancellation*

*See Course Schedule, pages 12-13*

## COURSE DESCRIPTIONS – SPRING 2019

---

Character Recognition), the methodology that allows newspapers to be digitized and indexed. Each session is based on a different newspaper database and the best practices for searching the database, with lab time where the instructor addresses individual questions. Using an interactive presentation style with actual examples and case studies, the course prepares students to find family members and stories that have eluded them.

**Janeen Bjork** is a television researcher who has applied the detective, analytic and presentation skills garnered in a 30-year career to her family tree and then to the trees of friends, students and clients. She enjoys introducing others to the colorful characters in her family tree as well as to the research methods and strategies that made it possible for her to find and preserve their legacies for posterity.

**8 sessions starting Monday, March 11 at 3:10pm**

### Great Films of the 70s

The 70s was an era of great creative filmmaking. This course examines some of the greatest films of its time. Films to be analyzed include *the Godfather*, *the Sting*, *the Last Picture Show*, *Klute*, *Network*, *Patton* and *The French Connection*.



**Paul Gettler** earned degrees from NYU and the CUNY Graduate Center. He has taught in a number of continuing and adult education programs. His interests include the Civil War, detective films and the TV espionage series *Counterpart*.

**8 sessions starting Wednesday, March 13 at 3:10pm**

### Human Social Infrastructures: Repair or Retrofit?

All human societies require interactive mechanisms which allow members to live and thrive by **enabling** rather than **disabling** each other. These range from languages, rules and laws for exchange and interaction, to mutually accepted values and social behaviors of mutual trust and behavior. Particularly these

mechanisms protect members from inter-social harm. When conditions or needs change, these practices have to be modified or renovated just as much as do bridges or roads. The typical changing conditions of our day are population density and cultural diversity. How does our social infrastructure adapt? We engage in understanding our local, civic and national communities by evaluating how well the social infrastructure is working. The experience gained from our previous work and professions is a particular resource. Our goal is to find effective ways of achieving **con-sensus** (*feelings with*) in social mechanisms which enable them to work effectively.

**Rev. Dr. Donald Thompson** is a retired university professor/administrator who taught theology, ethics and religious studies in higher education in Canada. He holds graduate degrees from Harvard and McGill universities. For the past four years he has been teaching ethics courses exploring the human good, sustainability and awareness and choices at LLI. Currently he is a priest associated with St. Luke's Episcopal Church in Darien CT.

**6 sessions starting Monday, March 11 at 1:10pm**

### I Love to Read

Join five LLI members as they lead interesting and lively discussions of contemporary titles and old classics.



**March 11 - *Jude the Obscure* by Thomas Hardy, Michael Mugnolo, presenter**

Often referred to as *Jude the Obscene*, Thomas Hardy's last novel, saturated with sex, deception and murder, was burned by Walsham How, Bishop of Wakefield, "probably in his despair at not being able to burn me," Hardy exclaimed. In a largely autobiographical critique of Victorian institutions, young Jude Farley struggles to escape his working class roots and attend the university at Christminster. Frustrated by being tricked into two failed marriages and the arrival of a child he did not know he fathered, he is ostracized from Wessex society and condemned to a nomadic life.

---

*All courses subject to change or cancellation*

*See Course Schedule, pages 12-13*

## COURSE DESCRIPTIONS – SPRING 2019

### March 18 - *Candide* by Voltaire, Mark Albertson, presenter

Witty and caustic, *Candide* has ranked as one of the world's great satires since its first publication in 1759. In the story of the trials and travails of the youthful Candide, his mentor, Dr. Pangloss, and a host of other characters, Voltaire mercilessly exposes and satirizes romance, science, philosophy, religion and government.

### March 25 - *So Long, See You Tomorrow* by William Maxwell, Morgan Corrigan, presenter

A memoir and a reckoning of an old regret, William Maxwell's novel is set in Maxwell's hometown of Lincoln, Illinois, and tells of a murder that occurred in 1922. Fifty years have passed and the narrator recounts how the relationships between two neighboring families led to the murder and how he failed to support Cletus, a close friend who was the son of the murderer. Winner of a 1982 National Book Award, *So Long, See You Tomorrow* was first published in two parts in *The New Yorker*.

### April 1 - *A Handful of Dust* by Evelyn Waugh, Tom Madden, presenter

In this novel, Evelyn Waugh examines the clash of modern and traditional values within the context of a seemingly happy marriage. In London's hyperactive post-World War I society, Tony Last is not in fashion. He devotes himself to things traditional such as the upkeep of his ancestral home, a Gothic mansion. Meanwhile his wife Brenda dashes headlong into the modern age, taking a lover. Her desertion prompts Tony to join a jungle expedition to Brazil, where he becomes a guest of a Dickens-loving mad old man. Widely acclaimed as one of the most brilliant satirists of the twentieth century, Waugh puts upper-class English society under the microscope in this compelling novel.

### April 8 - *Persuasion* by Jane Austen, Miwako Ogasawara, presenter

Of all of Jane Austen's novels, *Persuasion* is often regarded as one of the most moving and, indeed, unique: the story of a woman's second chance. Years before, Anne Elliot was persuaded by her snobbish father and Lady Russell, her surrogate mother, to give up her engagement to a then poor naval officer. Now, Captain Wentworth is returned from the sea, successful, rich and still unmarried. Would Anne, not so young

anymore, be able to have her way this time or succumb to societal pressures yet again in the fashionable and competitive world of Bath?

**Morgan Corrigan**, a longtime participant in *I Love to Read*, delights in the variety of books offered for discussion. She shares JK Rowling's view: "I do believe that something magical can happen when you read a good book."

**5 sessions starting Monday, March 11 at 1:10pm**

### Jihad!



An Arabic term meaning struggle, Jihad for the Muslim is a struggle of an internal nature. It is an effort by which the individual attempts to rid oneself of those impediments which could or do compromise becoming one with their God and religion. Waging that struggle justifies the essence of Islam, which means surrender to God. The popular notion of Jihad held by many non-Muslims seems to be that of Holy War. We peel away the confusion, misinterpretations and propagandistic perversions which hamper a true conception of the Jihadi movement. Our aim is to foster a better understanding of one of the world's most fascinating yet misunderstood religions.

**Mark Albertson** is the historical research editor at *Army Aviation* magazine and is the author of several books. As an avid lecturer, he travels the Constitution State leading discussions on a wide variety of historical topics and current events.

**8 sessions starting Wednesday, March 13 at 3:10pm**

### Less Famous Novels by Nigeria's Most Famous Authors

While the Nigerian writer Chinua Achebe is best known for his novel *Things Fall Apart* and his fellow Nigerian Chimamanda

No Longer at Ease

*All courses subject to change or cancellation*

*See Course Schedule, pages 12-13*

## COURSE SCHEDULE – SPRING 2019

**All courses are subject to change or cancellation**  
 Courses with insufficient enrollment will be cancelled

### **Monday**

#### **1:10-2:50 PM**

Human Social Infrastructures	Donald Thompson	3/11, 3/18, 3/25, 4/1, 4/8, 4/15
I Love to Read	Morgan Corrigan	3/11, 3/18, 3/25, 4/1, 4/8
Rise & Fall of 1950's Rock & Roll	Gary Carlson	<u>3/18</u> , 3/25, 4/1, 4/8, 4/15, 4/22, 4/29, 5/6
Ukulele Adventure	Nina Lesiga	3/11, 3/18, 3/25, 4/8, 4/15, 4/22, 4/29, 5/6

#### **3:10-4:50 PM**

Essentrics Movement (1 hour)	June Bird	3/11, 3/18, 3/25, 4/1, 4/8, 4/15, 4/22, 4/29
Exploring Poetry, Part II	Sandy Soson	<u>3/18</u> , 3/25, 4/1, 4/8, 4/15, 4/22, 4/29, 5/6
Finding Family Online	Janeen Bjork	3/11, 3/18, 3/25, 4/1, 4/15, 4/22, 4/29, 5/6
Vietnam War thru Veteran's Eyes	Bill Darrin	3/11, 3/18, 3/25, 4/1, 4/8, 4/15, 4/22, 4/29
Watercolor: Intermediate	Bela Szabo	3/11, 3/18, 3/25, 4/1, 4/8, 4/15, 4/22, 4/29

### **Tuesday**

#### **1:10-2:50 PM**

Art of Storytelling	John O'Hern	3/12, 3/19, 3/26, 4/2, 4/9, 4/16, 4/23, 4/30
Connecticut: Great State, Part II	Gary Lishnoff	3/12, 3/19, 3/26, 4/2, 4/9, 4/23, 4/30, 5/7
Creative Mixed Media	Ellen Gordon	3/12, 3/19, 3/26, 4/2, 4/9, 4/16, 4/23, 4/30
Nigeria's Less Famous Novels	C. Onyemelukwe	3/12, 3/19, 3/26, 4/2, 4/9, 4/16

#### **3:10-4:50 PM**

Does Our Court System...Justice?	Don Richenthal	3/12, 3/19, 3/26, 4/2, 4/9, 4/16, 4/23, 4/30
Long Island Sound	Joseph Schnierlein	3/12, 3/19, 3/26, 4/2, 4/9, 4/16
Philosophy of Human Being	N. Omelchenko	3/12, 3/19, 3/26, 4/2, 4/9, 4/16, 4/23, 4/30
So, You Want to Speak Yiddish?	Gilda Simpkin	<u>4/9</u> , 4/16, 4/23, 4/30, 5/7

### **Wednesday**

#### **1:10-2:50 PM**

Art Explored Survey: Wednesday	Darby Cartun	3/13, 3/20, 3/27, 4/3, 4/10, 4/17, 4/24, 5/1
Drawing Flowers	Dick Rauh	3/13, 3/20, 3/27, 4/3
Facing History & Ourselves	Jean H. Bennett	3/13, 3/20, 3/27, 4/3, 4/10, 4/17, 4/24, 5/1
Magical World Children Stories	Ginny Balsler	3/13, 3/20, 3/27, 4/3, 4/10, 4/17
World War II via Film	Paul Gettler	3/13, 3/20, 3/27, 4/3, 4/10, 4/17, 4/24, 5/1

#### **3:10-4:50 PM**

Art <i>Herstory</i> 101	Patricia Spoor	3/13, 3/20, 3/27, 4/3, 4/10, 4/17, 4/24, 5/1
Building American Empire	Stephen Balsler	3/13, 3/20, 3/27, 4/3, 4/10, 4/17
Great Films of the 1970s	Paul Gettler	3/13, 3/20, 3/27, 4/3, 4/10, 4/17, 4/24, 5/1
<i>Jihad!</i>	Mark Albertson	3/13, 3/20, 3/27, 4/3, 4/10, 4/17, 4/24, 5/1
Music from the Movies	Joe Utterback	3/13, 3/20, 3/27, 4/3, 4/10, 4/17

## COURSE SCHEDULE – SPRING 2019

**All courses are subject to change or cancellation**  
Courses with insufficient enrollment will be cancelled

### **Thursday**

#### **1:10-2:50 PM**

American Legends	Gary Lishnoff	3/14, 3/21, 3/28, 4/4, 4/11, 4/25, 5/2, 5/9
Beowulf: The Epic Poem	Morgan Corrigan	3/14, 3/21, 3/28, 4/4, 4/11, 4/18
Tai Chi ( 1 Hour )	Tyler Griese	3/14, 3/21, 3/28, 4/4, 4/11, 4/18, 4/25, 5/2
The Third Reich, Part II	Mark Albertson	3/14, 3/21, 3/28, 4/4, 4/11, 4/18, 4/25, 5/2

#### **3:10-4:50 PM**

Current Events	Mark Albertson	3/14, 3/21, 3/28, 4/4, 4/11, 4/18, 4/25, 5/2
Pirates through the Ages	Anne Peskin	3/14, 3/21, 3/28, 4/4, 4/11, 4/18, 4/25, 5/2

### **Friday**

***April 19 - NCC closed, Good Friday***

#### **10:10-11:50 AM**

American Folk Tales	Elissa Kaplan	3/15, 3/22, 3/29, 4/5, 4/12, 5/3
Art Explored Survey: Friday	Darby Cartun	3/15, 3/22, 3/29, 4/5, 4/12, 4/26, 5/3, 5/10
Bubbles, Manias, Panics, Crashes	Ted Wolff	3/15, 3/22, 3/29, 4/5
Celebrating Stephen Sondheim	Joshua Berrett	3/15, 3/22, 3/29, 4/5, 4/12, 4/26, 5/3, 5/10
Watercolor: Beginner	Bela Szabo	3/15, 3/22, 3/29, 4/5, 4/12, 4/26, 5/3, 5/10

***Courses with insufficient enrollment will be cancelled, so please register early.***

### **Course Syllabus**

Most instructors provide a detailed course syllabus. See the full course description and syllabus on our website, [www.lifetimelearners.org](http://www.lifetimelearners.org). Select the current term in the left side column, then select the course, and the syllabus (if one was provided) will be at the bottom.

## COURSE DESCRIPTIONS – SPRING 2019

---

Ngozi Adichie for her famous novel *Americanah*, this course puts the spotlight on a lesser known work of each: Achebe's *No Longer at Ease* and Adichie's *Purple Hibiscus*. Both novels explore the historical context and customs of Nigerian life. Much of each session is devoted to discussion of these two books.

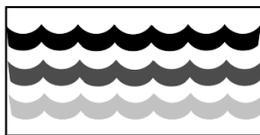
Please note: Students are requested to begin reading the two novels before the first class and finish reading them by the fourth session. Both are available in libraries, on Amazon and in print or e-reader editions.

**Catherine Onyemelukwe** joined the Peace Corps in 1962 and went to teach German in Nigeria. Instead of returning to the U.S. in two years, she fell in love, married and stayed 24 years, raising three children and founding an organization for foreign wives of Nigerians. She and her husband live in Connecticut.

**6 sessions starting Tuesday, March 12 at 1:10pm**

### Long Island Sound: A History

Learn about the The Sound: its animal life, its problems and its future. The first session includes its geology and formation by glaciers. Then we cover the changes in the Sound from the 1800s to the present looking at the impact man and invasive species have had. We focus on changes in animal populations, the impact of laws and the implications of sampling techniques. Finally, we deal with the challenges of the future including storms, rising sea levels, anthropogenic pharmaceuticals, the impact of weather on the Sound's oxygen levels and construction on the shorefront.



**Joseph E. Schnierlein** is an award-winning biologist and biology teacher who has taught marine sciences on the elementary school to college graduate levels. He was chair of the Science Department at Brien McMahon High School and also taught marine biology at NCC and teacher preparation classes at Sacred Heart University. He developed programs that have been used at the Norwalk Aquarium. He serves on the Norwalk Shellfish Commission and the Mayor's Water Quality committee.

**6 sessions starting Tuesday, March 12 at 3:10pm**

*All courses subject to change or cancellation*

### The Magical World of Children in Stories Around the World

In each class we discuss a different story with a child as the main character, looking at that particular country and situation through the eyes of the child. Through personal writing and reflection in class, close reading of key passages and a lively classroom sharing of our responses, the group gains insights into the craft of the short story writer, the lives of children around the world, and common human responses to life's challenges. The first story is read aloud and the other stories are distributed at the beginning of the course. We include stories from Egypt, Nigeria, India, Greece and Pakistan.



**Ginny Balse** earned a BA in English from Princeton University and two Masters degrees in Counseling Psychology from Columbia University Teachers College. She taught high school English for 39 years in Greece and Connecticut. Ginny has always been interested in examining the craft and content of literature as a way of learning about our world and in recent years she has focused on literature from countries with which we in the West have little familiarity.

**6 sessions starting Wednesday, March 13 at 1:10pm**

### Music from the Movies - Expanded!

Now in six sessions, Dr. Joe reviews and plays the marvelous music of the movie era. He tells us about composers and lyricists and relates great stories behind the famous hit songs from the movies. Some of the many songs discussed include *Stormy Weather*, *Theme from New York, New York*, *That's Entertainment* and *Thanks for the Memory*, which became Bob Hope's theme song. Dr. Joe also plays this wonderful music on a piano keyboard in his own creative, entertaining style!



**Joe Utterback** earned his MA in Piano Performance from Wichita State University and his Doctor of Musical Arts from the University of Kansas. He has a total of 425

*See Course Schedule, pages 12-13*

## COURSE DESCRIPTIONS – SPRING 2019

published jazz and classical compositions. Dr. Joe has been Music Director and organist of the First Congregational Church of Stratford for the past 21 years and has been teaching music at Sacred Heart University for 25 years. He has taught for 14 years at LLI and he continues to perform throughout the U.S. and around the world.

**6 sessions starting Wednesday, March 13 at 3:10pm**

### Philosophy of the Human Being

This interactive course presents famous philosophers' ideas on human essence and existence. We begin with philosophical reflections on humanity, which introduce the general questions of the course. We then discuss the cognitive situation in Plato's *Allegory of the Cave* and the problem of creativity in his *Ion*. The postulates of practical philosophy by Epicurus is considered. Other philosophical writings reviewed are de Montaigne's *Essays*, Emerson's *The American Scholar* and Sartre's *Existentialism Is a Humanism*. Finally, we explore the meaning of dreams.



**Dr. Nikolai Omelchenko** graduated from the School of Philosophy at Lomonosov Moscow State University, Russia, in 1978 and later earned two PhD's. He was a professor at Volgograd State University, and a Fulbright Scholar-in-Residence at Mansfield University (PA).

**8 sessions starting Tuesday, March 12 at 3:10pm**



### Piracy through the Ages

Piracy has been in existence as long as there has been water to travel on. Learn about pirates and why they took on the trade. What made their lives special? Find out about some successful pirates and what they did with their ill-gotten gains. In addition to the males we discover several successful females.

**Anne Peskin** is a professor *emerita* from City College of New York. Her avocation is sailing and navigating. She has researched piracy and loves sharing her knowledge and insights with students -- "Aarrh – shiver me timbers."

**8 sessions starting Thursday, March 14 at 3:10pm**

### The Rise & Fall of the 1950s Rock 'n' Roll

Focusing on the years 1956 through 1959, we begin with Elvis Presley and the rock 'n' roll explosion, then onto the national scene to the infamous "Day the Music Died." The course covers the popularity of rock 'n' roll movies including *Jailhouse Rock*, *Hot Rod Gang* and *Gidget*. After the emergence of Dick Clark's *American Bandstand* and the war against rock 'n' roll, specially the Senate hearings on Payola, we examine the waning of "hard rock" in favor of the "pop-ier" sounds of teen idols like Fabian. Finally, we study the events that led to the decline of rock 'n' roll (Little Richard's denouncement of the genre and joining the ministry, Chuck Berry's arrest, Jerry Lee Lewis's marrying his 13 year old cousin and the terrible airplane crash that ended the lives of Buddy Holly, Richie Valens and the Big Bopper) bringing a sad close the "Golden Age of Rock 'n' Roll."



**Gary Carlson**, a professor of English at NCC since 1997, has created and taught a wide variety of courses on writing, literature, film and pop culture, as well as organizing and hosting the College's Movie-of-the-Month Film series (now in its 12<sup>th</sup> year). He is also a published writer of fiction, non-fiction and music criticism.

**8 sessions starting Monday, March 18 at 1:10pm**

*All courses subject to change or cancellation*

*See Course Schedule, pages 12-13*

## COURSE DESCRIPTIONS – SPRING 2019

---

### So, You Want to Speak Yiddish?

Whether you remember some phrases from your childhood or just know the words used in sitcoms, you can begin to speak this colorful language. This course helps you build a vocabulary and learn enough grammar to be able to speak rudimentary Yiddish. We have fun learning some of the more common idioms and expressions to throw into your everyday conversation. If you always wanted to know what your parents or grandparents were saying or baffle your kids and friends, come have fun learning this old language. No prior knowledge is required.

*Kvetching not allowed*

**Gilda Simpkin** earned a MS in Counseling and Human Resource Development, and has enjoyed a 30-year career as a learning consultant and corporate trainer. She has led personal development and management skills programs all over the world. Gilda has been vice president of training at several corporations and on the faculty of Fairfield University, Marymount College and Norwalk Community College. She is bilingual and the author of *My Baby Chase*.

**5 sessions starting Tuesday, April 9 at 3:30pm**

### T'ai Chi – Balance of a Lifetime!

Join us for an introduction to this Chinese “slow motion meditation for health and self-protection.” Tai chi generates a calm center, releasing stress, improving balance and increasing available energy. We focus on the most popular sequence in the Northeast – Professor Cheng’s Short Form, Yang Family Style. Each class includes a partner practice, of “helping each other learn to relax,” as Master Ben Lo on the West Coast puts it, increasing sensitivity and responsiveness. Though T'ai Chi, properly T'ai Chi Ch'uan, did originate as a martial art, the instructor emphasizes its meditative, stress reducing and energy balancing aspects.



**Note:** This is a one-hour class. Participants should be able to get up and down from the floor unassisted. Please wear white or non-marking soled shoes to protect the light floor.

**Please note:** A pre-participation medical screening form will be sent to enrolled members and must be returned to our office one week in advance of the start date. Persons with a condition or disease that might result in health issues when engaging in low-level movement should not enroll in this course.

**Ty Griese** earned an MEd in Adaptive Physical Education from Springfield College and has been a student of T'ai Chi since 1969, sharing this fine art since 1976. Ty also earned degrees in psychology from Duke University and exercise science from NCC. He is certified by the American College of Sports Medicine as an Exercise Physiologist.

**8 sessions starting Thursday, March 14 at 1:10pm**

### The Third Reich, Part II: The Nazi State, 1933-1945



Continuing where *Third Reich, Part I: The Nazi Revolution* left off, we follow Hitler's consolidation of power. His hold on Germany was practically secure with the purge of the SA, the Night of the Long Knives (1934). What followed was the building of the Nazi State. We analyze The Thousand Year Reich, which would last just twelve years, including the Nazi Party; the Black Guard, the SS; Hitler's program of organized medical killing; Lebensraum, blueprint for the Thousand-Year Reich; the economy; the social structure; the military and the ideology of Nazism.

**Mark Albertson** is the historical research editor at *Army Aviation* magazine and has authored several books. An avid speaker, Mark travels the Constitution State leading discussions on a wide variety of historical topics and current events.

**8 sessions starting Thursday, March 14 at 1:10pm**

---

*All courses subject to change or cancellation*

*See Course Schedule, pages 12-13*

## COURSE DESCRIPTIONS – SPRING 2019

### Ukulele Adventure: Beginner Level

Learn core ukulele skills, chords and strums and make music in a supportive and fun environment. We play at least twelve enjoyable songs in a variety of genres. Bring a tuned soprano, concert or tenor ukulele with you. A Snark type tuner or tuning phone app is suggested for tuning before and during class. Songsheet handouts are provided in class. Each week we explore new songs, chords and strums. This workshop is designed to be taken multiple times. No previous music experience is required.

**Nina Lesiga** is an artist and a performer from Stratford, CT. She teaches ukulele classes for adult learning and afterschool classes. Learn more about her at [www.gottatravelsolo.com](http://www.gottatravelsolo.com) or her Facebook page Gotta Ukulele.

**8 sessions starting Monday, March 11 at 1:10pm**

### The Vietnam War Through the Eyes of a Veteran

As related by a decorated combat veteran, this course provides a close look at America's involvement in the Vietnam War with particular emphasis on the period from mid-1969 to mid-1970. Students learn what it was like to be drafted, trained and sent to serve in the controversial war and what happened when vets returned home. The instructor's experiences form the foundation for the course, augmented by extensive research of Vietnamese history and strategy. The war stories serve to confirm some of the myths about the war but also to undercut others. Mr. Darrin encourages questions and has set aside time in the final session for close consideration of students' thought-provoking inquiries.



**Bill Darrin** is a retired lawyer and former in-house counsel for Subway. He was a decorated combat veteran and served in the Army as an infantry lieutenant, platoon leader, company executive officer and battalion staff officer.

**8 sessions starting Monday, March 11 at 3:10pm**

### Watercolor: Beginner

Become a budding artist! Discover the joys and challenges of watercolor. This course offers step-by-step guidance in techniques – brush strokes, color mixing and composition – that create realistic landscapes, seascapes and still life paintings. Pre-created sketches are painted in class following detailed demonstration of these techniques and others.



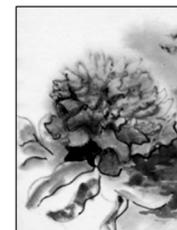
Do not purchase art supplies until you receive a list at the first class. If you already have supplies, bring them. The instructor offers supplies for purchase.

**Bela Szabo** received his art training at the University College of Budapest and taught art in his native Hungary. He is a member of art societies in New Canaan, Norwalk and Rowayton and has taught art classes at LLI for many years.

**8 sessions starting Friday, March 15 at 10:10am**

### Watercolor: Intermediate

If you are an intermediate-level watercolorist, here's a chance to improve your technique. This course is a step-by-step guide to painting traditional landscapes, seascapes and still life. Using pre-created compositions or those of your choice, techniques like layering, glazing, lifting, masking and blending are illustrated to create even greater texture, depth and focus in your painting.



**Required Materials:** Bring paints (tubes preferred), a palette, your favorite brushes, watercolor paper and two water containers to class. Supplies are available for purchase.

**Bela Szabo** enjoys working in watercolor, which allows him to create depth in paintings that are known for their realism and attention to detail. He brings this focus to class. His works have been exhibited in numerous area shows and have won many awards.

**8 sessions starting Monday, March 11 at 3:10pm**

*All courses subject to change or cancellation*

*See Course Schedule, pages 12-13*

## COURSE DESCRIPTIONS – SPRING 2019

---

### World War II via Film

This course, through the medium of film, explores some of the great battles of World War II. The films discussed include *Patton*, *Saving Private Ryan*, *Letters from Iwo Jima*, *Stalingrad*, *Midway*, *Das Boot*, *The Bridge on the River Kwai* and various documentaries.

*Paul Gettler* earned degrees from NYU and the CUNY Graduate Center. He has taught in a number of continuing and adult education programs. His interests include the Civil War, detective films and the TV espionage series *Counterpart*.

**8 sessions starting Wednesday, March 13 at 1:10pm**

### A Reflection on Accepting the SilverSource Contribution to Community “C2C” Award for LLI

On November 7, 2018, Lifetime Learners Institute at Norwalk Community College was honored with the Contribution to Community Award, by the SilverSource organization of Stamford. On behalf of all LLI members, Leslie Loop and I were invited to attend the SilverSource fourth annual benefit luncheon ceremony to accept the award. I will try to share the cordiality and beauty of this special event.

Upon entering the building’s atrium, I immediately felt the exuberance of the many who were mingling and talking with one another. Scanning the room, the joy and pride of the many members and contributing supporters the SilverSource organization were unmistakable. You could actually feel the energy and electricity in the room. Upon identifying myself, I was surprised by the warmth of the greeting afforded me as one of the honorees. The next thing I knew a lovely woman is reaching up to pin a flower onto my lapel and then affixing a special name tag on the other one while telling me how delighted she was that SilverSource had chosen to recognize LLI for the services we provide to our community. We spoke about each other’s backgrounds, as well as the duties, which each of us perform for our respective organizations.

As I entered the dining hall, I noticed the exquisite detail with which each of the tables had been arranged. Upon seeing me, Leslie Loop took it upon herself to introduce me to the others. She first introduced me to her sister Judy, then her husband Bob—who was also there to accept the award for the Senior Men’s Association of Stamford. She then introduced me to their son Mark with his wife Megan—who also happened to be the daughter of the third honoree, Donald J. Case, DMD, also seated at our table. Next was Mike, the husband of Donald’s other daughter, Betsey, followed by Donald’s brother Steve. You could not imagine my surprise when I found out that I was actually the only non-family individual seated at this table. To their credit, they all made me feel like a member of their extended family.

The afternoon’s program began with Jerry Berkman, the SilverSource Awards Chairman, welcoming and thanking everyone for coming. I then learned another coincidence of this unusual day—Jerry was not only a member of the SilverSource organization but also a member of the Senior Men’s Association of Stamford and an LLI member. Kathleen Bordelon, SilverSource Executive Director, presided over the ceremony and called each honoree up in turn and presented each with their symbolically inscribed silver bowl.

At the end of afternoon, many people came and congratulated me for LLI for earning its award. As one of the last individuals began speaking with me, I realized that he was a somewhat famous television personality but could not place him at that moment. After the senior clouds cleared from my mind, I later realized to my surprise that the man was Alan Kalter. For 20 years, he had been David Letterman’s announcer who also had performed in many comedic sketches with Dave. For me, Alan turned out to be the surprising “icing on the special cake” given to me on that most beautiful autumn afternoon.

*Leon Breault*  
*LLI President*

---

*All courses subject to change or cancellation*

*See Course Schedule, pages 12-13*

**Please note -- New security requirements regarding NCC Photo ID**

**Wear your NCC Photo ID while on campus**

- 1) You must show your up-to-date NCC Student Photo ID to Security on entry
- 2) The ID must be worn visibly at all times while on Campus
- 3) Without a valid NCC ID, you will be required to present your current Driver's License or photo ID and sign in at the Security station



**No NCC ID? No problem!**

**If you have lost your NCC Photo ID—or never obtained one—  
please contact LLI directly for instructions.**

**Note: NCC will charge a \$5.00 fee for replacement ID's.**

***Two Free Lumina String Quartet Concerts!***

**Saturday, February 23, 2019**

**and**

**Saturday, May 4, 2019**

**NCC PepsiCo Theater, 2:00pm**

**Complimentary tickets are available  
for LLI members and their guests.**

**To request tickets: please contact Barbara Cartsounis:**

**[bcartsounis@norwalk.edu](mailto:bcartsounis@norwalk.edu) or 203-857-7302**

**All current LLI members are invited to attend the  
Annual Meeting & Scholarship Award Ceremony**

**Friday, May 10, 2019**

**PepsiCo Theater, NCC East Campus**

**12:15pm Refreshments in the lobby**

**1:00pm Meeting begins**

*Prizes donated by local organizations will be raffled at the end of the program*



**FRIDAYS – SPRING 2019**  
**BROWN BAG LUNCH & LEARN SERIES**



REFRESHMENTS AT 12:15, PRESENTATION AT 1:00  
 BRING YOUR OWN LUNCH OR BUY LUNCH AT NCC CAFÉ  
 EAST CAMPUS FORUM (UNLESS OTHERWISE NOTED)  
 Please show your NCC Photo ID with Current LLI sticker

**March 15 - HAHA Group: Laughter is the Best Medicine—Lunch with a Bunch of Clowns**

**Open House: All are Invited, Bring Your Friends!**

The Health and Humor Associates, or HAHA, are volunteer clowns who have been bringing smiles and a little respite to patients at the Stamford Hospital for over 25 years. Representatives of HAHA discuss the relationship between humor and healing, a brief history of hospital clowning, and how people came to HAHA. We learn how hospitals in one country have formally integrated humor into their healthcare system. The “clown doctors” recount some of their experiences clowning around at the hospital and at Ground Zero and Newtown.



**HAHA** is a group of about 35 volunteers with varied backgrounds and skills. You may be surprised to learn that some of them are people you may already know. Come meet Dr. A. Joy, Dr. Loosi Goosi, Dr. Turnaround and others. Perhaps there is a clown in you waiting to be discovered!

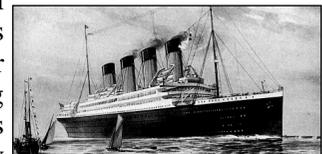
**March 22 - Behind the Theater Scenes**

This presentation provides examples of the critical job of the scenic designer in staging live theater. We gain a better understanding of the challenging job of the behind-the-scenes theatrical designer. The program outlines the collaboration needed to help turn the written words of a play into a real and practical setting for a live stage production.

**Lou Ursone** is the long-serving Executive Director and frequent performer at Stamford’s Curtain Call Theater. A member of Actor’s Equity, he has toured professionally and performed in many Connecticut theaters, including the Goodspeed Opera House and Norwalk’s Music Theater of Connecticut. He has frequently appeared on TV and in many commercial and industrial films.

**March 29 - The White Star Line’s Olympic Class Ships: Olympic, Titanic and Britannic**

Almost everyone knows the tragic story of the RMS Titanic which, while on her maiden voyage to New York in 1912, hit an iceberg and sank, causing the loss of 1,500 passengers and crew. However, few people realize that the Titanic was actually the second of three super ships built in the Olympic Class for the White Star Line to compete for the Atlantic crossing passenger trade. At the time they were claimed to be the largest ships ever built. This presentation tells the amazing story of these three historic ships and what eventually happened to all of them. Included in the story is the amazing life of Miss Violet Constance Jessop, who incredibly sailed on all three of these historic ships as a stewardess and then as a nurse during WWI.



**Philip Vitiello** has been a Civil War historian and re-enactor for over 40 years. He is a member of the Titanic Historical Society, and The International Group for Historical Aircraft Recovery. He has previously presented Lunch & Learns on the Civil War General, Joshua Chamberlain, and the Civil War submarine, *Hunley*.

**April 5 - Chilling Out In Chile**

Join David Pressler, photographer, world traveler, artist and designer, as he shares outstanding photography from his recent adventures Chile—the high deserts, fjords and mountainous areas. See dramatic land and water forms, unique wildlife, botanicals, ancient indigenous rock art, architecture and some humorous things from Chile’s contemporary culture. Dave’s core message is “learning to look in order to see,” encouraging people of all ages and backgrounds to become visually conscious of the world around them.

**Dave Pressler** earned a degree in Industrial Design from Rhode Island school of Design and has exhibited widely in Fairfield and Westchester counties. He is a member of the Connecticut Association of Photographers and Vice President of Art/Place Gallery in Fairfield and a founding member of the Curatorial Committee of Fairfield Public Library’s Bruce S. Kershner Gallery.



**FRIDAYS – SPRING 2019**  
**BROWN BAG LUNCH & LEARN SERIES**

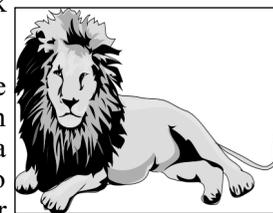
REFRESHMENTS AT 12:15, PRESENTATION AT 1:00  
 BRING YOUR OWN LUNCH OR BUY LUNCH AT NCC CAFÉ  
 EAST CAMPUS FORUM (UNLESS OTHERWISE NOTED)  
 Please show your NCC Photo ID with Current LLI sticker



**April 12 - Tanzania, Africa: Lions, Livestock and Living Walls of the Maasai People**

Our presenter has visited the African People & Wildlife Fund (APW) in northern Tanzania several times to sketch the people, wildlife and landscapes of the Maasai Steppe. We learn about the conservation issues in this area and she shows and talks about her field sketches and studio paintings of the Maasai people. Alison also discusses how APW's innovative "Living Walls" are reducing human-wildlife conflicts, while saving lions, livestock and their habitat.

**Alison Nicholls** is an artist inspired by Africa. She is a member of Artists for Conservation, the Society of Animal Artists, the Explorers Club and the Salmagundi Club. Her work has been featured in wildlife art magazines in the USA and UK, has been exhibited at the Botswana Mission to the United Nations in New York and has been used by the US Department of State to promote the "Coalition Against Wildlife Trafficking" initiative. Alison lived in Africa for several years and regularly returns to work with African conservation organizations and to lead Art on Safaris for Africa Geographic.



**April 26 - Iran: Lifting the Veil**

Through a series of photographs, we take an intimate journey inside the mysterious and opaque country of Iran. We review the 3,000-year history of this country, as well as experience the real heartbeat of today's Iranian society, including a visit to the home of a top cleric and also an Iranian wedding. We meet young women who are actively rebelling against the dress codes imposed by the Ayatollah. In addition, we visit the ancient city of Persepolis, the grand birthplace of the Persian Empire, which is still important in today's modern Iran.



**Bernard Perry** is a Westport author and noted photographer whose work has been accepted into the permanent collections of 19 museums in the United States and Europe. He has published five books including *Iran: Lifting the Veil*.

**May 3 - The NCC Choir**

The choir performs at numerous events on campus, including the Performing Arts Festival, the Academic Festival and graduation. The ensemble also performs off-campus and has performed with the Norwalk Symphony Orchestra (*La Boheme*, *The Mahler One Immersion Project* and *A Night of Romance*) and Norwalk Hospital. They are thrilled to sing for LLI again! The choir performs a diverse repertoire, from the iconic standards of the 1960s to current Broadway hits of 2019. The NCC Choir meets every Tuesday and Thursday from 2:30-3:50 and welcomes people of all ages who want to join us and sing!



NCC Choir Director **Dr. Christine Mangone** studied at Dartmouth College (B.A.), Cal. State, Northridge (M.A.), and UCLA (Ph.D.) and has directed theater programs at Naugatuck Valley Community College and Penn State University prior to teaching at NCC. Christine has directed over 50 shows; her favorites include *Avenue Q*, *The Laramie Project* and Chekhov's *The Seagull* at the (super-fun) Fringe First Festival in Scotland. Christine loves directing the amazingly talented and passionate NCC Choir!

**Attendees at Brown Bag Lunch & Learn programs should exercise care in walking to and from the seats in the East Campus Forum and the PepsiCo Theater. Attendees who may have difficulty walking to and from the seats should identify themselves to the LLI members manning the entrance door, so that they may enter first and be safely seated located at the top of the auditorium.**



## **MEMBERSHIP AND REGISTRATION**

### **To Join/Membership:**

- You must be age 50 or older to join. Dues are \$50 per membership year. See below for payment.
- Membership includes four consecutive terms (equals one full year).  
To check when your membership expires, see the LLI sticker on the back of your NCC Photo ID card.
- Your membership includes LLI catalogs, newsletters, invitations to special events, certain free winter programs, our free Friday Lunch & Learn series, plus access to the NCC Wellness Center and Library.
- **Please note:** NCC now requires that NCC Photo ID be worn visibly at all times on campus.

### **Registration & Payment:**

- Course fees are **\$30 per course**. All courses require registration and payment in advance.
- **Online registration:** payment by credit card only. Go to [www.lifetimelearners.org](http://www.lifetimelearners.org) (Visa, MasterCard and Discover)
- **Mail in or drop-off registration:** Must be paid by check, payable to Lifetime Learners Institute. Use the registration form on next page (form also available at [www.lifetimelearners.org](http://www.lifetimelearners.org))  
Send your mail-in registration form and check payable to Lifetime Learners to:

***Lifetime Learners Institute at NCC***

***Room W102, 188 Richards Avenue, Norwalk, CT 06854-1634***

- **Credit cards cannot be accepted by mail or in the office.**
- Course enrollment is on a first received, first enrolled basis, whether via internet, mail, or drop-off, confirmation letters will be sent by US Mail as registrations are processed.

### **For Your Information:**

- **Guests:** A member or non-member may attend one session of one course each fall or spring term, as a guest. Guests are not allowed to attend classes during summer or winter sessions.
- **Inclement Weather Closures:** Please see Channel 12 News or [www.lifetimelearners.org](http://www.lifetimelearners.org) for closure information. Closures cannot be announced on the LLI office phone system.
- **Office Hours:** Monday thru Thursday, 10am to 3pm, closed Friday.  
**E-mail:** [info@lifetimelearners.org](mailto:info@lifetimelearners.org) **Phone:** 203-857-3330 **Website:** [www.lifetimelearners.org](http://www.lifetimelearners.org).

### **Refund Policy:**

- **Membership dues are not refundable.**
- Course fees are refundable if a course is: **1)** Not attended and the refund is requested before the end of that term, **OR 2)** Closed when the registration is received, **OR 3)** Canceled by LLI.  
Trip refunds are not refundable after the date stated in the catalog.  
**All refunds are paid by check from the LLI office.**  
**Classes with insufficient enrollment will be cancelled, so please register early.**

## LIFETIME LEARNERS INSTITUTE AT NCC MEMBERSHIP & REGISTRATION FORM – SPRING 2019

LLI Membership Dues: \$50.00 for four consecutive terms. Fee per course: **\$30.00**

Name \_\_\_\_\_ Please indicate: Male \_\_\_ Female \_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_

State, ZIP \_\_\_\_\_ Preferred phone \_\_\_\_\_

Email \_\_\_\_\_ *(Print clearly, for LLI communications only)*

Birth Date \_\_\_\_\_ *(Required by Norwalk Community College)*

*Alternate course (only if closed out of this course):*

1<sup>st</sup> Course \_\_\_\_\_

2<sup>nd</sup> Course \_\_\_\_\_ *Alternate:* \_\_\_\_\_

3<sup>rd</sup> Course \_\_\_\_\_ *Alternate:* \_\_\_\_\_

4<sup>th</sup> Course \_\_\_\_\_ *Alternate:* \_\_\_\_\_

Membership Dues (*ONLY* if not a current member): \$50.00 \$ \_\_\_\_\_

Total number of courses \_\_\_\_\_ x \$30.00 \_\_\_\_\_

Contribution to LLI General Fund \_\_\_\_\_

Contribution to LLI Scholarship Endowment \_\_\_\_\_

Contribution to NCC Foundation General Fund \_\_\_\_\_

**Total** \$ \_\_\_\_\_

Please note: Credit cards are accepted for online registration only.

\_\_\_\_ *I would prefer to receive future catalogs only via Email (arrives earlier than US mail)*

**If you are a new member, how did you learn about LLI?** \_\_\_\_\_

Mail completed form, with check, to:

**Lifetime Learners Institute at Norwalk Community College**  
**Room W102, 188 Richards Avenue, Norwalk, CT 06854-1634**

**Website: [www.lifetimelearners.org](http://www.lifetimelearners.org) E-mail: [info@lifetimelearners.org](mailto:info@lifetimelearners.org) Phone: 203-857-3330**



# DIRECTIONS TO NORWALK COMMUNITY COLLEGE

## NORWALK COMMUNITY COLLEGE

188 Richards Avenue

Norwalk 06854-1634

(203) 857-3330

### From **I-95, NORTHBOUND** or **SOUTHBOUND**:

Take Exit 13. Turn **RIGHT** onto U.S. 1 (Connecticut Avenue). Turn **LEFT** onto Richards Avenue (at the traffic light with the Shell Station on the corner). Continue through the first traffic light. The East Campus is on the **RIGHT**; the West Campus, on the **LEFT**.

### From **MERRITT PARKWAY, NORTHBOUND**:

Take Exit 38. At the stoplight, turn **RIGHT** onto New Canaan Avenue. At the next stoplight, turn **LEFT** onto Nursery Street. At the stop sign, bear **LEFT** onto Ponus Avenue. At the fork, bear **RIGHT** onto Fox Run Road. At the stop sign, turn **LEFT** onto Richards Avenue and proceed one mile. The East Campus is on the **LEFT**; the West Campus, on the **RIGHT**.

### From **MERRITT PARKWAY, SOUTHBOUND**:

Take Exit 38. Turn **RIGHT** onto New Canaan Avenue. At the first stoplight, turn **RIGHT** onto Nursery Street and proceed as above.

